Futibatinib LYTGOBI®

Patient information sheet
V1, September 2025

WHAT IS LYTGOBI® FUTIBATINIB?

- A targeted therapy used to treat some bile duct cancers.
- Prescribed and renewed by your hospital-based oncologist or cancer specialist.
- Available from community pharmacies on presentation of your prescription.

- Round film-coated tablet (6 mm), white, dosed at **4 mg**, with “4MG” on the front and “FBN” on the back

- Do not store above 25°C and keep out of the sight and reach of children.
- Do not take the tablets out of the blister pack to put them in a pillbox.
- Wash your hands carefully before and after handling the tablets.
- Do not throw away opened boxes, please return them to your pharmacist.

HOW TO TAKE THIS MEDICINE

When?	……:……	**= 1 dose per day at a set time** **With or without a meal**
How?		Swallow the tablets whole, with water, at the same time every day. Do not chew, cut, crush or dissolve the tablets.

You can use your **patient diary*** and a **calendar** to note doses.
Do not stop taking or change how you take your treatment without consulting your doctor.
This leaflet is not a prescription, please refer to your most recent prescription.

IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT

- **If it has been less than 12 hours since your dose was due**: take the missed dose. Take your next dose at the usual time. Keep a record in your patient diary*.
- **If it has been more than 12 hours since your dose was due**: do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your patient diary*.
- **If you throw up**, do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your patient diary*.

INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS

Check with your **doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **grapefruit** and **St. John’s Wort, milk thistle, Seville orange, liquorice**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.

- You and your partner must use effective methods of contraception (condoms and another method) **throughout treatment and for one week after the last dose**.
- Stop breastfeeding **during treatment and for 1 week after the last dose**.

** Patient diary available (in French) at www.omedit-fiches-cancer.fr*

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WHAT SIDE EFFECTS CAN OCCUR WITH LYTGOBI® FUTIBATINIB?

Like all medicines, futibatinib may cause side effects, although not everybody gets them.

Side effects	*Prevention*
Hair loss	Use a wide tooth comb or brush with soft natural bristles. Use a gentle shampoo, rinse your hair with warm water and air dry (or at low temperatures). Avoid blow drying, rollers, perms and hair dye, which could damage your hair.
Nail conditions	Use a gentle cleansing gel to wash your hands and feet. Avoid prolonged exposure to water. Pat dry and use moisturiser. Keep your nails short (use a nail file rather than clippers). Use protective nail polish and do not use acetone-based nail polish removers (ask your pharmacist for advice). Use an antiseptic nail bath if your nails are painful, and healing cream in case of cuts.
Dry skin	Only shower/bath once per day (max. 15 minutes at 32°C). Use soap-free gel or a dermatological bar. Pat dry. Use moisturiser (cream or milk). Wear loose, light cotton clothing. Use detergent suitable for sensitive skin (no laundry softener). Drink 1.5 to 2 L water per day.
Swelling, burning hands/feet	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Bathe in cool water (15 min.) or apply cold compresses/ice (do not use ice in direct contact with the skin). Wear gel insoles to keep feet cool.
Digestive effects: constipation or diarrhoea, abdominal pain, nausea, vomiting, loss of appetite	Monitor your weight and remember to hydrate (1.5 to 2 L water per day). **In case of constipation**, eat foods rich in fibre (bran, grains, wholemeal bread, green vegetables, fruit and nuts) and exercise regularly. **In case of diarrhoea**, eat foods low in fibre (*carbohydrates, carrots, bananas etc.*). Avoid foods that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). **In case of nausea/vomiting**, divide your meals into several small meals and eat slowly. Avoid fatty, fried or spicy foods, and foods that smell strongly. Avoid having an empty stomach (can worsen nausea). Drink between, rather than with, meals. Use your prescribed antiemetics if applicable.
Inflamed mouth	Use a soft toothbrush and menthol-free, additive-free toothpaste. Keep your lips hydrated (ask your pharmacist for advice, particularly if you are receiving oxygen therapy. Stimulate saliva production (ice cubes, sorbets). Prefer liquids and blended foods. Avoid alcohol, tobacco, coffee and acidic, salty, irritating, spicy and crunchy foods. Use pain medication. Use your prescribed mouthwash (not mouthwash containing alcohol).
Joint and muscle pain	Exercise regularly (suitable activities include walking and swimming). Warm up before exercising. Remember to hydrate before, during and after exerting yourself. Avoid repetitive movements and strenuous physical effort. Use a walking stick to support your joints.
Dry eyes	Avoid dry environments (use humidifiers, ventilate rooms) and smoking. If you work on a computer, take breaks and blink regularly. Increase your intake of essential fatty acids (oily fish, rapeseed oil, leafy green vegetables).
Tiredness	Eat a balanced diet. Avoid using psychostimulants (e.g. coffee, tobacco, alcohol). Take care when driving. Rest during the day, while maintaining up to moderate levels of activity. Go to bed at a regular time and get sufficient sleep at night.

Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist.
You can also ask your Regional Pharmacovigilance Centre and report any side effects online: signalement-sante-gouv-fr

Remember to go for the lab tests prescribed by your doctor.

WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

Contact your doctor rapidly in case of:
- Signs of infection (fever, cough, chills, burning sensation when urinating, etc.)
- Visual disorders (blurred vision, 'floaters' in your vision, flashes, etc.)
- Any persistent or worsening side effect

Useful contacts:

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Note:

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