



WHAT IS ENDOXAN® CYCLOPHOSPHAMIDE?

- An anticancer drug used to treat some **breast, ovarian, lung, testicular, and bladder cancers, sarcomas, neuroblastomas, lymphomas, multiple myelomas and acute leukemias.** Other non-cancer indications also exist.
- Prescribed and renewed by your specialist or registered physician.
- Available from community pharmacies on presentation of your prescription.



- White coated tablet, dosed at **50 mg**



• Do not store above 25°C and keep out of the sight and reach of children.



• Do not take the tablets out of the blister pack to put them in a pillbox.



• Wash your hands carefully before and after handling the tablets.

• Do not throw away opened packs, please return them to your pharmacist.

HOW TO TAKE THIS MEDICINE

When?:.....	= 1 dose per day at a set time In the morning on an empty stomach, with a sufficient amount of fluids while taking and immediately after your dose
How?		Swallow the tablets whole, with water, at the same time every day. Do not chew, cut, crush or dissolve them.

You can use your **patient diary*** and a **calendar** to note doses.

Do not stop taking or change how you take your treatment without consulting your doctor.

This leaflet is not a prescription, please refer to your most recent prescription.

IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT



- **If you forget to take your medicine**, do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your patient diary*.
- **If you throw up**, do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your patient diary*.

INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS



Check with **your doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **grapefruit** and **St. John's Wort**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.



- You and your partner must use effective methods of contraception (condoms and another method) throughout treatment **and for 6 months after the last dose for men and 1 year after the last dose for women.**
- Stop breastfeeding during treatment.

Male and female fertility can be affected during treatment with cyclophosphamide.

Your doctor can tell you more about the possibility of sperm banking before starting treatment.

* Patient diary available (in French) at www.omedit-fiches-cancer.fr

WHAT SIDE EFFECTS CAN OCCUR WITH ENDOXAN® CYCLOPHOSPHAMIDE?

Like all medicines, cyclophosphamide may cause side effects, although not everybody gets them.

Side effects	Prevention
 Hair loss	Regrowth usually occurs after stopping treatment, sometimes with a different texture/colour. Hair loss may progress to baldness. Use a wide tooth comb or brush with soft natural bristles. Use a gentle or fortifying shampoo, rinse your hair with warm water and air dry (or at low temperatures). Avoid blow drying, rollers, perms and hair dye, which could damage your hair.
 Inflamed mouth	Use a soft toothbrush and menthol-free, additive-free toothpaste. Keep your lips hydrated (ask your pharmacist for advice, particularly if you are receiving oxygen therapy. Stimulate saliva production (ice cubes, sorbets). Prefer liquids and blended foods. Avoid alcohol, tobacco, coffee and acidic, salty, irritating, spicy and crunchy foods. Use pain medication. Use your prescribed mouthwash (not mouthwash containing alcohol).
 Low red blood cells, white blood cells and platelets	Low red blood cells: contact your doctor in case of paleness, shortness of breath on exertion or when resting, persistent tiredness, palpitations, dizziness or headaches. Low white blood cells: contact your doctor in case of temperature > 38°C, chills, sweating, cough, shortness of breath/pain when breathing, a burning sensation when urinating, diarrhoea accompanied by fever or any other signs suggesting infection. Low platelets: contact your doctor in case of small red dots on your skin, bruising, nosebleeds, bleeding eyes or gums, or blood in your urine or faeces.
 Risk of infection	Limit contact with people with infections. Wash your hands regularly. Disinfect all wounds thoroughly. Contact your doctor in case of temperature > 38°C, cough, shortness of breath/pain on breathing, pain when urinating/smelly urine, change in type/frequency of bowel movements (diarrhoea, constipation), or in case of redness, pain or discharge around your central line, feeding tube or urinary catheter.
 Tiredness	Eat a balanced diet. Avoid using psychostimulants (e.g. coffee, tobacco, alcohol). Take care when driving. Rest during the day, while maintaining some activity. Go to bed at a regular time and get sufficient sleep at night.



Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist.

You can also ask your [Regional Pharmacovigilance Centre](#) and report any side effects online: signalement-sante-gouv.fr



Remember to go for the lab tests prescribed by your doctor.

WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

Contact your doctor rapidly in case of:

- Signs of infection (fever, cough, chills, burning sensation when urinating, etc.)
- Bloody urine
- Hot, red, painful arm or calf, associated with shortness of breath
- Palpitations
- Any persistent or worsening side effect



Useful contacts:

Note:
