



## WHAT IS RUBRACA® RUCAPARIB?

- A targeted therapy used to treat some ovarian, fallopian tube and peritoneal cancers.
- Prescribed and renewed by your oncologist or cancer specialist.
- Available from community pharmacies on presentation of your prescription.



Three dosages available:

- **200 mg:** round blue tablet debossed with "C2"
- **250 mg:** diamond-shaped white tablet debossed with "C25"
- **300 mg:** oval yellow tablet debossed with "C3"



- Do not store above 30°C, and keep out of the sight and reach of children.
- Do not take the tablets out of the box to put them in a pillbox.
- Wash your hands carefully before and after handling the tablets.
- Do not throw away opened boxes, please return them to your pharmacist.

## HOW TO TAKE THIS MEDICINE

When?

.....:.....  
and  
.....:.....

**Two doses per day at set times, 12 hours apart, with or without a meal**

How?



Swallow the tablets whole, with water, one after another, at the same times every day.  
Do not chew, cut, crush or dissolve them.

You can use your **medical diary**\* and a **calendar** to note doses:

Do not stop taking or change how you take your treatment without consulting your doctor.

\*\* This leaflet is not a prescription, please refer to your most recent prescription.

## IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT



- **If you forget to take your medicine**, do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary\*.
- **If you throw up**, do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary\*.

## INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS

Check with your **doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, probiotics, **grapefruit, St. John's Wort**, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect its effectiveness and the occurrence of side effects.








- You must use effective methods of contraception (condoms and another method) throughout treatment **and for 6 months after the last dose**.
- Stop breastfeeding during treatment **and for 2 weeks after the last dose**.

\*Patient diary available (in French) at [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS CAN OCCUR WITH RUBRACA® RUCAPARIB?

Like all medicines, rucaparib may cause side effects, although not everybody gets them.

Side effects	Prevention
 Low red blood cells, white blood cells and platelets	<b>Low red blood cells:</b> contact your doctor in case of paleness, shortness of breath on exertion or when resting, persistent tiredness, palpitations, dizziness or headaches. <b>Low white blood cells:</b> contact your doctor in case of temperature > 38°C, chills, sweating, cough, shortness of breath/pain when breathing, a burning sensation when urinating, diarrhoea accompanied by fever or any other signs suggesting infection. <b>Low platelets:</b> contact your doctor in case of small red dots on your skin, bruising, nosebleeds, bleeding eyes or gums, or blood in your urine or faeces.
 Diarrhoea, abdominal pain, nausea, vomiting	<b>In case of diarrhoea,</b> eat foods low in fibre (carbohydrates, carrots, bananas etc.). Avoid foods that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). <b>In case of nausea/vomiting,</b> divide your meals into several small meals and eat slowly. Avoid fatty, fried or spicy foods, and foods that smell strongly. Avoid having an empty stomach (can worsen nausea). Drink between, rather than with, meals. Use your prescribed antiemetics if applicable.
 Skin rashes, Photosensitivity	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Avoid sun exposure, particularly between noon and 4pm. Wear protective clothing, even under a parasol (UVA reflection). Use SPF 50+ sun cream, applied 30 minutes before exposure and reapplied every 2 hours.
 Swelling, burning hands/feet	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Bathe in cool water (15 min.) or apply cold compresses/ice (do not use ice in direct contact with the skin). Wear gel insoles to keep feet cool.
 Tiredness, dizziness	Eat a balanced diet. Avoid using psychostimulants (e.g. coffee, tobacco, alcohol). Take care when driving. Rest during the day, while maintaining up to moderate levels of activity. Go to bed at a regular time and get sufficient sleep at night.

Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist.  
You can also ask your [Regional Pharmacovigilance Centre](#) and report any side effects online: [signalement-sante-gouv-fr](#)



Remember to go for the lab tests prescribed by your doctor.

## WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

**Contact your doctor rapidly** in case of:

- Signs of infection (fever, cough, chills, burning sensation when urinating, etc.)
- Unusual bleeding, coughing up blood
- Skin disorders
- Shortness of breath, tiredness or pale skin
- Any persistent or worsening side effect



**Useful contacts:**

**Note:**