Ripretinib QINLOCK®

Patient information sheet V2, December 2024



WHAT IS QINLOCK® RIPRETINIB?

- A targeted therapy used to treat some gastrointestinal cancers.
- Prescribed and renewed by your hospital-based oncologist or cancer specialist.
- Available from community pharmacies on presentation of your prescription.



Oval, white to off-white tablet, with "DC1" on one side; dosed at 50 mg



- Do not store above 25°C, and keep out of the sight and reach of children.
- Do not take the tablets out of the bottle to put them in a pillbox.
- Wash your hands carefully before and after handling the tablets.
- Do not throw away opened packs, please return them to your pharmacist.

HOW TO TAKE THIS MEDICINE

When? = 1 dose per day at a set time
With or without a meal

How?



Swallow the tablets whole, with water, at the same time every day. Do not chew, cut, crush or dissolve them.

You can use your **medical diary*** and a **calendar** to note doses.

Do not stop taking or change how you take your treatment without consulting your doctor. *This leaflet is not a prescription, please refer to your most recent prescription.*

IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT



• If it has been less than 8 hours since your dose was due: take the missed dose. Take your next dose at the usual time. If it has been more than 8 hours since your dose was due: do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*. • If you throw up, do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*.

INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS



Check with your **doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **milk thistle, St. John's Wort, Seville orange, grapefruit** and **liquorice**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.



- You and your partner must use effective methods of contraception (condoms and another method) throughout treatment and for one week after the last dose.
- Stop breastfeeding during treatment and for one week after the last dose.

Avoid direct exposure to sunlight and UV lamps. Wear protective clothing (long sleeves, hat) and apply high-SPF sun cream.

* Patient diary available (in French) at <u>www.omedit-fiches-cancer.fr</u>



WHAT SIDE EFFECTS CAN OCCUR WITH QINLOCK® RIPRETINIB?

Like all medicines, ripretinib may cause side effects, although not everybody gets them.		
Side effects		Prevention
	Hair loss	Use a wide tooth comb or brush with soft natural bristles. Use a gentle shampoo, rinse your hair with warm water and air dry (or at low temperatures). Avoid blow drying, rollers, perms and hair dye, which could damage your hair.
	Digestive effects: constipation, diarrhoea, nausea, vomiting, weight loss	Monitor your weight and remember to hydrate (1.5 to 2 L water per day). In case of constipation, eat foods rich in fibre (bran, grains, wholemeal bread, green vegetables, fruit and nuts) and exercise regularly. In case of diarrhoea, eat foods low in fibre (carbohydrates, carrots, bananas etc.). Avoid foods that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). In case of nausea/vomiting, divide your meals into several small meals and eat slowly. Avoid fatty, fried or spicy foods, and foods that smell strongly. Avoid having an empty stomach (can worsen nausea). Drink between, rather than with, meals. Use your prescribed antiemetics if applicable.
- L.	Joint and muscle pain	Exercise regularly (suitable activities include walking and swimming). Warm up before exercising. Remember to hydrate before, during and after exerting yourself. Avoid repetitive movements and strenuous physical effort. Use a walking stick to support your joints.
	Difficulty breathing (cough, shortness of breath)	Practice abdominal breathing and relaxation techniques (sophrology, yoga, tai chi). Do not overexert yourself; plan your daily activities accordingly. Avoid triggers for shortness of breath (tobacco, perfume, animal fur etc.). Contact your doctor if symptoms persist or you experience chest pain or fever.
	Swelling, burning hands/feet	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Bathe in cool water (15 min.) or apply cold compresses/ice (do not use ice in direct contact with the skin). Wear gel insoles to keep feet cool.
	High blood pressure	Headaches, dizziness, and tinnitus are the first warning signs of high blood pressure. Measure your blood pressure (resting and sitting down, in the morning before breakfast and in the evening before going to bed; take three measurements two minutes apart); keep a record of your results. Exercise regularly (suitable activities) (30 minutes 3 times per week). Limit salt (max. 5 g per day) and alcohol. Eat a diet low in saturated fats (animal fats) and high in fibre.
555	Headache, tiredness	Drink sufficient quantities (1.5 to 2 L water per day) and eat healthily, at regular intervals. Avoid using psychostimulants (e.g. coffee, tobacco, alcohol). Rest during the day, while maintaining up to moderate levels of activity. Establish a sleep schedule; avoid going to bed and getting up late. Take care when driving.
<i>[</i>]	Swollen limbs	Eat a diet low in salt. Avoid tight clothing. If your legs swell, raise your feet when sitting. Wear compression stockings; put them on when getting up in the morning. Weigh yourself regularly. Consult your doctor if this type of swelling occurs.
T.		
- <u>Ö</u> -	Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist. You can also ask your Regional Pharmacovigilance Centre and report any side effects online: signalement-sante-gouv-fr	
		Remember to go for the lab tests prescribed by your doctor.



WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

Contact your doctor rapidly in case of:

- Headaches, dizziness or lightheadedness
- Significant tiredness, shortness of breath, swollen feet and/or ankles
- Redness, pain, swelling or blisters affecting the palms of your hands

Any persistent or worsening side effect

or the soles of	
or the soles of	

Useful contacts:

Note: