



WHAT IS TUKYSA® TUCATINIB?

- A targeted therapy used to treat some types of breast cancer.
- Prescribed and renewed by your hospital-based oncologist.
- Available from community pharmacies on presentation of your prescription.


Two dosages are available:

- **50 mg:** round, yellow, film-coated tablet with "TUC" on one side and "50" on the other
- **150 mg:** oval, yellow, film-coated tablet with "TUC" on one side and "150" on the other



- Do not store above 25°C, and keep out of the sight and reach of children.
- Do not take the tablets out of the blister pack to put them in a pillbox.
- Wash your hands carefully before and after handling the tablets.
- Do not throw away opened packs or boxes, please return them to your pharmacist.

HOW TO TAKE THIS MEDICINE

When?:..... and:.....	= 2 dose per day at a set time (Ideally at 12-hour intervals) <u>with or without a meal</u>
How?	 Swallow the tablets whole, with water, one after another, at the same time every day. Do not chew, cut, crush or dissolve them.	

You can use your **medical diary*** and a **calendar** to note doses.

Do not stop taking or change how you take your treatment without consulting your doctor.

This leaflet is not a prescription, please refer to your most recent prescription.

IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT



- **If you forget to take your medicine:** do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*.
- **If you throw up,** do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*.

INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS

Check with **your doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **St. John's Wort** and **milk thistle**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.









- You and your partner must use effective methods of contraception (condoms and another method) throughout treatment **and for 1 week after the last dose**.
- Stop breastfeeding during treatment **and for 1 week after the last dose**.

* Patient diary available (in French) at www.omedit-fiches-cancer.fr

WHAT SIDE EFFECTS CAN OCCUR WITH TUKYSA® TUCATINIB?

Like all medicines, tucatinib may cause side effects, although not everybody gets them.

Side effects	Prevention
 Digestive effects: diarrhoea, nausea, vomiting	Monitor your weight and remember to hydrate (1.5 to 2 L water per day). In case of diarrhoea , eat foods low in fibre (carbohydrates, carrots, bananas etc.). Avoid foods that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). In case of nausea/vomiting , divide your meals into several small meals and eat slowly. Avoid fatty, fried or spicy foods, and foods that smell strongly. Avoid having an empty stomach (can worsen nausea). Drink between, rather than with, meals. Use your prescribed antiemetics if applicable.
 Inflamed mouth	Use a soft toothbrush and menthol-free, additive-free toothpaste. Keep your lips hydrated (ask your pharmacist for advice, particularly if you are receiving oxygen therapy. Stimulate saliva production (ice cubes, sorbets). Prefer liquids and blended foods. Avoid alcohol, tobacco, coffee and acidic, salty, irritating, spicy and crunchy foods. Use pain medication. Use your prescribed mouthwash (not mouthwash containing alcohol).
 Rash	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Avoid sun exposure, particularly between noon and 4pm. Wear protective clothing, even under a parasol (UVA reflection). Use SPF 50+ sun cream, applied 30 minutes before exposure and reapplied every 2 hours.
 Joint pain	Exercise regularly (suitable activities include walking and swimming). Use a walking stick to support your joints. Avoid repetitive movements and strenuous physical effort.
 Nosebleeds	Tilt your head forward until bleeding stops and gently blow your nose to clear clots. Pinch your nostrils for 10 minutes; haemostatic products can reduce this time (packing applied after 2 minutes of compression and left in place for 30 minutes). If bleeding continues for more than 15 minutes of compression or in case of paleness, palpitations, sweating or low blood pressure: consult a doctor immediately.
	<i>Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist. You can also ask your Regional Pharmacovigilance Centre and report any side effects online: signalement-sante-gouv-fr</i>



Remember to go for the lab tests prescribed by your doctor.

WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

Contact your doctor rapidly in case of:

- Rapid unexpected weight loss
- Any persistent or worsening side effect
- Pain or discomfort in the upper right part of your abdomen; itching, yellowing skin or eyes; dark urine



Useful contacts:

Note: