






WHAT IS TAGRISSO® OSIMERTINIB?


- A targeted therapy used to treat some types of lung cancer.
- Prescribed and renewed by your hospital-based oncologist or cancer specialist.
- Available from community pharmacies on presentation of your prescription.



- Tablet dosed at **40 mg**: round, beige, with “AZ40” on one side
- Tablet dosed at **80 mg**: oval, beige, with “AZ80” on one side


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- Do not store above 25°C, and keep out of the sight and reach of children.
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- Do not take the tablets out of the blister pack to put them in a pillbox.
 - Wash your hands carefully before and after handling the tablets.
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- Do not throw away opened boxes, please return them to your pharmacist.

HOW TO TAKE THIS MEDICINE



When?:..... = 1 dose per day at a set time With or without a meal	
How?		Swallow the tablets whole, with water, at the same time every day. Do not chew, cut or crush them. If you cannot swallow the tablet, it can be dispersed in 50 mL still water. The tablet should be placed in the water, without being crushed, and stirred until dispersed, then drunk immediately. Add another half-glass of water to ensure there is no residue and drink immediately.

You can use your **medical diary*** and a **calendar** to note doses.
Do not stop taking or change how you take your treatment without consulting your doctor.
This leaflet is not a prescription, please refer to your most recent prescription.

IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT

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- **If it has been less than 12 hours since your dose was due**, take the missed dose. Take your next dose at the usual time. Keep a record in your medical diary*.
 - **If it has been more than 12 hours since your dose was due**, do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*.
 - **If you throw up**, do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary*.







INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS

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- Check with your doctor or pharmacist that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **St. John's Wort**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.
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- You and your partner must use effective methods of contraception (condoms and another method) throughout treatment **and for 2 months after the last dose for women and 4 months after the last dose for men**.
 - Stop breastfeeding during treatment.

*Patient diary available (in French) at www.omedit-fiches-cancer.fr

WHAT SIDE EFFECTS CAN OCCUR WITH TAGRISSO® OSIMERTINIB?

Like all medicines, osimertinib may cause side effects, although not everybody gets them.

Side effects	Prevention
 Nail conditions	Use a gentle cleansing gel to wash your hands and feet. Avoid prolonged exposure to water. Pat dry and use moisturiser. Keep your nails short (use a nail file rather than clippers). Use protective nail polish and do not use acetone-based nail polish removers (ask your pharmacist for advice). Use an antiseptic nail bath if your nails are painful, and healing cream in case of cuts.
 Rash, itching, dry skin	Use soap-free gel or a dermatological bar. Avoid hot water. Pat dry. Use moisturiser (cream or milk). Avoid sun exposure, particularly between noon and 4pm. Wear protective clothing, even under a parasol (UVA reflection). Use SPF 50+ sun cream, applied 30 minutes before exposure and reapplied every 2 hours. In case of itching , apply cold compresses to the affected areas (do not use alcohol-based lotions).
 Diarrhoea	Monitor your weight. Drink sweet and/or salty beverages: water, tea with sugar, soda, soups. Avoid water containing magnesium (CONTREX®, HEPAR®), coffee, iced drinks. Eat foods low in fibre (carbohydrates, carrots, bananas); avoid food that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). Wash your hands regularly. Contact your doctor if you also have fever or if symptoms continue for more than 5 days.
 Inflamed mouth	Use a soft toothbrush and menthol-free, additive-free toothpaste. Keep your lips hydrated (ask your pharmacist for advice, particularly if you are receiving oxygen therapy. Stimulate saliva production (ice cubes, sorbets). Prefer liquids and blended foods. Avoid alcohol, tobacco, coffee and acidic, salty, irritating, spicy and crunchy foods. Use pain medication. Use your prescribed mouthwash (alcohol-free).
 Low red blood cells or platelets	Low white blood cells: contact your doctor in case of temperature > 38°C, chills, sweating, cough, shortness of breath/pain when breathing, a burning sensation when urinating, diarrhoea accompanied by fever or any other signs suggesting infection. Low platelets: contact your doctor in case of small red dots on your skin, bruising, nosebleeds, bleeding eyes or gums, or blood in your urine or faeces.
 Nosebleeds	Tilt your head forward until bleeding stops and gently blow your nose to clear clots. Pinch your nostrils for 10 minutes; haemostatic products can reduce this time (packing applied after 2 minutes of compression and left in place for 30 minutes). If bleeding continues for more than 15 minutes of compression or in case of paleness, palpitations, sweating or low blood pressure: consult a doctor immediately.

Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist.
You can also ask your [Regional Pharmacovigilance Centre](#) and report any side effects online: [signalement-sante-gouv-fr](#)



Remember to go for the lab tests prescribed by your doctor.

WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

Contact your doctor rapidly in case of:

- Difficulty breathing, cough, fever
- Palpitations
- Eye pain, eye redness, vision disorders
- Persistent fever, bruising, bleeding, paleness, tiredness
- Any persistent or worsening side effect



Useful contacts:

Note: