



## WHAT IS CALQUENCE® ACALABRUTINIB?

- A targeted therapy used to treat chronic lymphoid leukaemia
- Prescribed and renewed by your hospital-based haematologist
- Available from community pharmacies on presentation of your prescription




- Film-coated tablet dosed at **100 mg**, orange, oval, biconvex, with “ACA 100” on one side and nothing on the other



- Do not store above 25°C, and keep out of the sight and reach of children.
- Do not take the tablets out of the blister pack to put them in a pillbox.
- Wash your hands carefully before and after handling the tablets.
- Do not throw away opened packs, please return them to your pharmacist.

## HOW TO TAKE THIS MEDICINE

When?	.....:..... and .....:.....	= 2 doses per day at set times (ideally 12 hours apart), with or without a meal
How?		Swallow the tablets whole, with water, at the same time every day. Do not chew, crush, dissolve or divide them. Grapefruit juice and pulp should be avoided during treatment.

You can use your **medical diary\*** and a **calendar** to note doses.  
Do not stop taking or change how you take your treatment without consulting your doctor.  
*This leaflet is not a prescription, please refer to your most recent prescription.*

## IF YOU FORGET TO TAKE YOUR MEDICINE OR VOMIT



- **If it has been less than 3 hours since your dose was due:** take the missed dose. Take your next dose at the usual time. Keep a record in your medical diary\*.
- **If it has been more than 3 hours since your dose was due:** do not take the missed dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary\*.
- **If you throw up,** do not take another dose. Take your next dose at the usual time, do not take a double dose. Keep a record in your medical diary\*.

## INTERACTION WITH OTHER MEDICINES AND OTHER INTERACTIONS



Check with **your doctor or pharmacist** that the medicines (prescribed or over-the-counter), other substances (foods, spices and plants, including **grapefruit** and **St. John's Wort**, probiotics, essential oils, food supplements, etc.) and derivative products you use are **compatible with your treatment**. The molecules they contain, their dose and how often they are taken can interact with your treatment and affect effectiveness and the occurrence of side effects.











- You and your partner must use effective methods of contraception (condoms and another method) throughout treatment.
- Stop breastfeeding during treatment and for 2 days after the last dose.

\*Patient diary available (in French) at [www.omedit-fiches-cancer.fr](http://www.omedit-fiches-cancer.fr)

# WHAT SIDE EFFECTS CAN OCCUR WITH CALQUENCE® ACALABRUTINIB?

Like all medicines, acalabrutinib may cause side effects, although not everybody gets them.

	Side effects	Prevention
	Headache	Remember to hydrate! Eat at regular intervals, do not skip meals. Avoid tobacco and alcohol (headache triggers). Avoid going to bed and getting up late; get sufficient sleep at night.
 	Digestive effects: constipation or diarrhoea, abdominal pain, nausea, vomiting	Monitor your weight and remember to hydrate (1.5 to 2 L water per day). <b>In case of constipation</b> , eat foods rich in fibre (bran, grains, wholemeal bread, green vegetables, fruit and nuts) and exercise regularly. <b>In case of diarrhoea</b> , eat foods low in fibre (carbohydrates, carrots, bananas etc.). Avoid foods that can stimulate digestion (dairy products, raw fruit/vegetables, grains, fatty foods, spices). <b>In case of nausea/vomiting</b> , divide your meals into several small meals and eat slowly. Avoid fatty, fried or spicy foods, and foods that smell strongly. Avoid having an empty stomach (can worsen nausea). Drink between, rather than with, meals. Use your prescribed antiemetics if applicable.
	Low red blood cells, white blood cells and platelets	<b>Low red blood cells:</b> contact your doctor in case of paleness, shortness of breath on exertion or when resting, persistent tiredness, palpitations, dizziness or headaches. <b>Low white blood cells:</b> contact your doctor in case of temperature > 38°C, chills, sweating, cough, shortness of breath/pain when breathing, a burning sensation when urinating, diarrhoea accompanied by fever or any other signs suggesting infection. <b>Low platelets:</b> contact your doctor in case of small red dots on your skin, bruising, nosebleeds, bleeding eyes or gums, or blood in your urine or faeces.
	Joint and muscle pain	Exercise regularly (suitable activities include walking and swimming). Warm up before exercising. Remember to hydrate before, during and after exerting yourself. Avoid repetitive movements and strenuous physical effort. Use a walking stick to support your joints.
	Unusual bleeding, bruising	Use a soft toothbrush. Do not use rectal thermometers. Do not take aspirin, anti-inflammatories (e.g. Ibuprofen), or herbal products (that can increase bleeding) without medical guidance: consult a healthcare professional. In case of bruising, apply cold (compress or ice pack) or a suitable cream/gel (e.g. arnica) if the skin is not broken.
	Signs of infection : fever, chills, cough, sore throat, Burning sensation when urinating	Limit contact with people with infections. Wash your hands regularly. Disinfect all wounds thoroughly. Contact your doctor in case of temperature > 38°C, cough, shortness of breath/pain on breathing, pain when urinating/smelly urine, change in type/frequency of bowel movements (diarrhoea, constipation), or in case of redness, pain or discharge around your central line, feeding tube or urinary catheter.
	Only the most common side effects are listed here. For more information, read the Patient Leaflet included with your medicine or ask your doctor or pharmacist. You can also ask your <a href="#">Regional Pharmacovigilance Centre</a> and report any side effects online: <a href="#">signalement-sante-gouv-fr</a>	



Remember to go for the lab tests prescribed by your doctor.

## WHAT TO DO IF YOU EXPERIENCE SIDE EFFECTS

- Take the medicine prescribed to counteract the side effects, as prescribed.
- Follow the preventive measures.

**Contact your doctor rapidly** in case of:

- Signs of infection (fever, cough, chills, difficulty breathing, burning sensation when urinating, etc.)
- Bleeding, black faeces, coughing up blood
- Any persistent or worsening side effect



**Useful contacts:**

**Note:**