



## WHAT IS TUKYSA® TUCATINIB ?

- Targeted therapy used in the treatment of some types of breast cancers
- Prescribed and renewed by your hospital doctor specialized in oncology
- Available in city pharmacies on presentation of your prescription


Two dosages are available :

- **50 mg** : round, yellow, film-coated tablet, bearing « TUC » on one side and « 50 » on the other side
- **150 mg** : oval film-coated tablet, yellow, bearing « TUC » on one side and « 150 » on the other side



- Store it at a temperature not over 25°C, out of sight and reach of children.
- Do not get the tablets out of their box to put them into a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened packagings, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE ?

When ?	.....h..... and .....h.....	<b>= 2 takes per day, at fixed hours with an interval of 12 hours ideally, during or away from meals</b>
How ?	 <p>Swallow the tablets whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.</p>	

You can help yourself with the **tracking book** and a **calendar** to spot the takes.  
Never stop or change the rhythm of takes of your treatment without your doctor's advice.  
\*\* This file is not a prescription, please refer to your latest prescription

## WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book \*
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHERS MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **St John's Wort, milk thistle**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency and the occurrence of side effects.









- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up 1 week after the last take**.
- Stop breast feeding during the treatment and **up 1 week after the last take**.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH TUKYSA® TUCATINIB ?

Like all medicines, tucatinib may infer side effects, but you may not experience any.

Side effects	Prevention
 Digestive effects : diarrheas, nauseas, vomiting	Watch over your weight and remember to hydrate well (1,5/2l. water/day). <b>In case of diarrhea</b> , favor food that is low in fibers ( starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). <b>In case of nauseas/vomiting</b> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.
 Mouth inflammation	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you have an oxygenotherapy treatment) and stimulate your saliva (ice cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee, and acid, salted, spicy, irritating and crushy food. Use antalgic medicines and make mouthwashing as you have been prescribed (and not those containing alcohol).
 Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent ( cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 Pain in joints	Practice regular and appropriate physical activity (walking, swimming). Use a cane to help yourself relieve the joints. Avoid repetitive movements and significant physical effort.
 Nosebleeds	Tilt your head forward for the duration of the bleeding and blow your nose until the clots are cleared. Maintain pressure on your nostrils for 10 min; hemostatic products can reduce this time (wicks to be applied after 2 minutes of compression and left in place for 30 minutes). In the event of persistent discharge beyond 15 minutes of compression or in the event of pallor, palpitation, sweating or hypotension: consult immediately.
	<p>Only some of the most frequent side effects mentionned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.</p> <p>You can also ask your question ask your question to <a href="#">center for side effects monitoring</a> or notify any side effect on the following site : <a href="#">signalement-sante-gouv-fr</a></p>



In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

**Promptly contact your doctor** in case of :

- Pain or discomfort in the upper right side of the stomach; itching, yellowing of the skin and eyes; dark urine
- Rapid and unexpected weight loss
- Any persisting or worsening side effect



**Useful contacts :**

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**Remarks :**

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