



## WHAT IS TAZVERIK® TAZEMETOSTAT ?

- Cancer drug used in the treatment of some types of sarcoma and tumors
- Prescribed and renewed by your hospital doctor specialized in cancerology or medical oncology
- Available in hospital pharmacies on presentation of your prescription



- Tablet, round, biconvex, red color, dosed at **200 mg**, bearing « EZM 200 » on one side



- Store at a temperature not over 30°C , out of sight and reach of children.
- Do not get the tablets out of the packaging to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes ; please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE ?

When ?

.....h..... and .....h.....

= **2 takes a day at fixed hour during or away a meal**

How ?



Swallow the tablets whole, with water, every day at the same moment of the day.  
Do not chew, nor crush, cut or dissolve the tablets.

You can help yourself with the **tracking book** and a **calendar** to spot the takes.  
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

\*\* This file is not a prescription, please refer to your latest prescription

## WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Do not forget to note it in your tracking book\*
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time without doubling it. Do not forget to note it in your tracking book\*

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **grapefruit** and **St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency and the occurrence of side effects.



- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **3 months** (for men) and **6 months** (for women) **after the last take**.
- Tazemetostat may make **hormonal contraceptives ineffective**.
- Stop breast feeding during the treatment and up **1 week after the last take**.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH TAZVERIK® TAZEMETOSTAT ?

Like all medicines, tazemetostat may infer side effects, but you may not experience any.

## Side effects

## Prevention



Digestive effects : constipation, diarrheas, abdominal pain, nauseas, vomiting, loss of appetite

Watch over your weight and remember to hydrate well (1,5/2l. water/day).

**In case of constipation**, favor food that is high in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise.

**In case of diarrhea**, favor food that is low in fibers ( starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices).

**In case of nauseas/vomiting**, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.



Risk of respiratory infection, urinary infection...

Limit your contacts with people having a contagious infection. Wash your hands regularly. Disinfect any injury carefully. Contact your doctor in case of a temperature >38°C, cough, breathlessness/ painful breathing, pain when urinating or smelly urines, change in the nature or frequency of motions (diarrhea, constipation) or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.



Decrease in red blood cells, white blood cells and platelets

**Decrease in red blood cells** : contact your doctor in case of paleness, short breath during effort or even at rest, persisitig fatigue, heart throbs, dizziness and head aches.

**Decrease in whgite blood cells** : contact your doctor in case of a temperature > 38°C, shivers, sweats, cough, short or painful breathing, diarrhea with fever, or any sign of infection.

**Decrease in platlets** : contact your doctor in case of an outbreak of small red dots on the skin, bruises, nose bleedings, small eye or gum hemorages, blood in urine or motion.



Pain in joints

Practice regular and appropriate physical activity (walking, swimming). Use a cane to help yourself relieve the joints. Avoid repetitive movements and significant physical effort.



Pain in muscle

Remember to hydrate yourself well before, during and after exercise. Practice regular and appropriate physical activity; warm up first.



Fatigue

Favor healthy feeding, at regular times. Limit the use of psychostimulants such as coffee, tobacco and alcohol. Be prudent if you have to drive. Respect moments of rest during the day while remaining active, even moderately. Go to bed at a regular hour and get enough sleep at night.



Head aches

Remember to hydrate well. Eat at a regular time, don't kips meals. Avoid tobacco and alcohol (headache triggers). Avois late bedtimes and late mornings; get enough sleep at night.



Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : [signalement-sante-gouv-fr](#)



In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

**Promptly contact your doctor** in case of :

- Signs of infection (fever, cough, chills, etc.)
- Unusual bleeding (nosebleeds, pink or brown urine, etc.)
- Significant fatigue, bruising, fever, bone pain or paleness
- Shortness of breath, difficulty breathing
- Any persisting or worsening side effect



**Useful contacts :**

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**Remarks :**

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