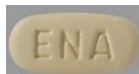




WHAT IS IDHIFA® ENASIDENIB ?

- Targeted therapy used in the treatment of some leukemias.
- Prescribed and renewed by your hospital doctor specialized in hematology
- Available in hospital pharmacies on presentation of your prescription



- Pale yellow to yellow oval tablet bearing « ENA » on one side and the number corresponding to the dosage on the other side
- Two dosages available : **50 mg and 100 mg**



- Store at a temperature not over 25°C , out of sight and reach of children.




- Do not get the tablets out of the bottle to put them in a pill-box.

- Wash your hands carefully before and after each handling of the tablets.



- Do not throw away the opened boxes ; please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day at fixed hour during or away a meal
How ?		Swallow the tablets whole, with water, every day at the same moment of the day. Do not chew, nor crush, cut or dissolve the tablets

You can help yourself with the **tracking book** and a **calendar** to spot the takes.
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, take the missed dose as soon as possible the same day. The next dose will be taken at the usual time, without doubling it. Do not forget to note it in your tracking book*
- **In case of vomiting**, take a new dose as soon as possible the same day. . The next dose will be taken at the usual time without doubling it. Do not forget to note it in your tracking book*

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency and the occurrence of side effects.



- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **2 months after the last take**
- Stop breast feeding during the treatment and up 2 months after the last take.








Fertility in women and men may be affected during treatment with enasidenib.

Your doctor can inform you about the possibility of preserving sperm and/or oocytes before initiating treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH IDHIFA® ENASIDENIB ?

Like all medicines, enasidenib may infer side effects, but you may not experience any.

Side effects	Prevention
 Taste disorders	Choose foods that you enjoy eating. Avoid using metal kitchen utensils, opt for bamboo, plastic or ceramic utensils. Remember to hydrate yourself well (1.5 to 2L of water/day). Enhance your dishes by adding flavor enhancers such as aromatic herbs. Try other methods of preparing or cooking your dishes. Maintain good oral hygiene. Use sugar-free candies (mint or lemon) after eating an unpleasant food. Promote smoking cessation.
  Digestive effects : diarrheas, nauseas, vomiting, loss of appetite	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.
 Fatigue	Favor healthy feeding, at regular times. Limit the use of psychostimulants such as coffee, tobacco and alcohol. Be prudent if you have to drive. Respect moments of rest during the day while remaining active, even moderately. Go to bed at a regular hour and get enough sleep at night.
 Pain in joints	Practice regular and appropriate physical activity (walking, swimming). Use a cane to help yourself relieve the joints. Avoid repetitive movements and significant physical effort.
 Palpitations (heart throbs)	Diminish your consumption of stimulants (coffee, tobacco, alcohol, tea). Get enough sleep and at regular hours. Take relaxation exercises (sophrology, tai-chi, yoga). Measure your heart beats (blood pressure monitor, connected watch, or even manually) ; note down these figures.
	<i>Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv-fr</i>



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, chills, etc.)
- Difficulty breathing, shortness of breath
- Swelling in the arms, legs, neck, groin, or armpits
- Rapid and unexpected weight gain
- Dizziness, malaise
- Yellowing of the skin or mucous membranes
- Bone pain
- Any persisting or worsening side effect.



Useful contacts :

Remarks :
