



WHAT IS INREBIC® FÉDRATINIB ?

- Targeted therapy used in the treatment of some types of blood cancers
- Prescribed and renewed by your hospital doctor specialized in hematology
- Available in hospital pharmacies on presentation of your prescription





- Capsule dosed at **100 mg**, opaque, reddish-brown color, with white printing « FEDR » on the head and « 100 mg » on the body



- Store at a temperature not over 25°C , out of sight and reach of children.
- Do not get the capsules out of their packaging to put them in a pill-box.
- Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes ; please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE ?

When ?	.....h..... <b>= 1 take a day at fixed hour during or away a meal</b> <i>Taking it with food may reduce the onset of nausea and vomiting.</i>
How ?	 Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor cut , or crush or dissolve. 

You can help yourself with the **tracking book** and a **calendar** to spot the takes.  
Never stop or change the rhythm of takes of your treatment without your doctor's advice.  
\*\* This file is not a prescription, please refer to your latest prescription

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Do not forget to note it in your tracking book\*
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time without doubling it. Do not forget to note it in your tracking book\*

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **grapefruit, St John's Wort, seville orange, licorice, milk thistle**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency and the occurrence of side effects.











- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **1 month** after the last take
- Stop breast feeding during the treatment and up **1 month** after the last take.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH INREBIC® FEDRATINIB ?

Like all medicines, fedratinib may infer side effects, but you may not experience any.

Side effects	Prevention
 Fatigue, head aches	Drink in sufficient quantity (1,5/2l water/day) and have a healthy feeding at regular hours. Limit having psychostimulants (coffee, tobvacco, alcohol). Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour ; avoid late bedding and staying in. Be prudent if you have to drive.
  Digestive effects : constipation, diarrheas, nauseas, vomiting	Watch over your weight and remember to hydrate well (1,5/2l. water/day). <b>In case of constipation</b> , favor food that is high in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. <b>In case of diarrhea</b> , favor food that is low in fibers ( starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). <b>In case of nauseas/vomiting</b> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.
 Decrease in red blood cells, white blood cells and platelets	<b>Decrease in red blood cells</b> : contact your doctor in case of paleness, short breath during effort or even at rest, persisitig fatigue, heart throbs, dizziness and head aches. <b>Decrease in whgite blood cells</b> : contact your doctor in case of a temperature > 38°C, shivers, sweats, cough, short or painful breathing, diarrhea with fever, or any sign of infection. <b>Decrease in platlets</b> : contact your doctor in case of an outbreak of small red dots on the skin, bruises, nose bleedings, small eye or gum hemoraeges, blood in urine or motion.
 Unusual bleedings	Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured.
 High blood pressure	Headaches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Measure your blood pressure ( at rest, in a sitting position, in the morning before breakfast and in the evening before going to bed ; make a measure 3 times in succession at 2 minutes'intervals) ; note down these figures. Take regular and adpated exercise ( 30 minutes 3 times a week). Limit your consumption of salt (maximum 6 gr / day) and alcohol. Favor food that is poor in saturated fat ( animal fat) and rich in fibers.
	<i>Only some of the most frequent side effects mentionned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.</i> <i>You can also ask your question ask your question to <a href="#">center for side effects monitoring</a> or notify any side effect on the following site : <a href="#">signalement-sante-gouv-fr</a></i>
	In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

**Promptly contact your doctor** in case of :

- Extreme fatigue, shortness of breath, pale skin
- Signs of infection (fever, cough, chills, urinary burning, etc.)
- Bleeding
- Any persisting or worsening side effect



**Useful contacts :**

**Remarks :**