



WHAT IS BRAFTOVI® ENCORAfenIB ?

- Targeted therapy used in the treatment of some types of melanomas and colorectal cancers
- Prescribed and renewed by your doctor specialized in oncology.
- Available in hospital pharmacies on presentation of your prescription.





- Capsule dosed at **50 mg** : orange cap and flesh-colored body, bearing « A » on the cap and « LGX 50 mg » on the body
- Capsule dosed at **75 mg** : flesh-colored cap and white body, bearing « A » on the cap and « LGX 75 mg » on the body



- Store at a temperature not over 30°C, out of sight and reach of children.
- Do not get the capsules out of their box to put them in a pill-box.
- Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day, at a fixed time, during or away from meals.
How ?	 Swallow the capsules whole, with water, successively, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve.	

You can help yourself with the **tracking book** and a **calendar** to spot the takes.
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- In case of missing in less than 12 hours**, take the missed dose. The next dose will be taken at the usual time. Please note it in your tracking book*.
- In case of missing in more than 12 hours** : do not take the missed dose. The next dose will be taken at the usual time, without double it. Please note it in your tracking book*.
- In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency and the occurrence of side effects.

- You and your partner must use efficient contraceptive methods (condoms, or other method) during the whole treatment **and until 1 month after the last take**.
- Stop breast feeding during the treatment









Fertility in men may be affected during treatment with encorafenib.

Your doctor can inform you about the possibility of sperm preservation before initiating treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH BRAFTOVI® ENCORAfenIB ?

Like all medicines, encorafenib may infer side effects, but you may not experience any.

Side effects	Prevention
 Palpitations (heart throbs)	Reduce your consumption of stimulants (coffee, tobacco, alcohol, tea). Get enough sleep and at regular hours. Take relaxation exercises (sophrology, tai-chi, yoga). Measure your heart beats (blood pressure monitor, connected watch, or even manually) ; note down these figures. Contact your doctor in case of fainting, dizziness, difficulty to breathe or pain in the chest.
 Itching, dry skin	Apply cold compresses (cooling pads) on the affected areas (do not use alcohol-based lotions). Favor ample and light,cotton clothes. Use a detergent suitable for sensitive skin (no fabric softener). limit the number and frequency of showers / baths to 1 /day (maximum 15 minutes at 32°C). Use detergent for sensitive skins (without softener). par tamponnement. Apply a hydrating agent (cream or gel). Trim your finger nails short (favor a nail file to a nail clipper). Drink 1,5/2 litres of water a day.
 Swelling, burning sensation of hands/feet	Use a soap-free dermatological gel or bar. Avoid hot water. Dab dry. Apply a moisturizing agent (cream or milk). Practice cool water baths (15 min) or apply a cold pack / ice pack (no direct contact with ice). Wear gel insoles to keep your foot in contact with a cold source.
 Pain in the feet/hands, tingling, loss of sensitivity	Treat any cuts or lesions (blisters). Do not use hot water (check the temperature with your elbow); protect yourself from the cold. Regular exercise (walking 3 times a week) and relaxation exercises (sophrology, yoga, tai chi) can reduce pain. Anticipate any risk of falling (poor lighting, objects on the ground); use handrails, grab bars and canes as needed. Eat a healthy and balanced diet.
 Digestive effects : constipation, diarrheas, nauseas, vomiting, loss of appetite	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.
 Pains in joints or muscles	Remember to hydrate well before, during and after effort. Take regular and adapted physical exercise (walking and swimming) ; Remember to warm up before. Use a cane to relieve joint strain. Avoid repetitive movements and strenuous physical effort.
 Unusual bleedings, bruises	Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured.
	<p>Only some of the most frequent side effects mentionned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.</p> <p>You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv-fr</p>



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Vision problems
- Palpitations, increased heart rate, swelling in the legs
- Heavy bleeding
- Skin changes (new wart, irritated skin, etc.)
- Any persisting or worsening side effect



Useful contacts :

Remarks :