



WHAT IS RETSEVMO® SELPERCATINIB ?

- Targeted therapy used in the treatment of some types lung or thyroid cancers
- Prescribed and renewed by your hospital doctor specialized in oncology, medical or cancerology
- Available in city pharmacies on presentation of your prescription

Two presentations are available :

- Capsule dosed at **40 mg**, opaque, gray bearing « Lilly », « 3977 » and « 40 mg »
- Capsule dosed at **80 mg**, opaque, blue bearing « Lilly », « 2980 » et « 80 mg »



- Store at a temperature not over 25°C, out of sight and reach of children.





- Do not get the capsules out of the blister to put them into a pill-box



- Wash your hands carefully before and after each handling of the capsules.

- Do not throw away the opened boxes, please bring them back to your pharmacist

HOW TO TAKE THIS MEDICINE?

When ?h..... eth.....	= 2 takes per day at fixed hours during or away from meals
How ?	 <p>Swallow the capsules whole, with water, one after the other, every day at the same moment of the day. Do not chew, nor cut , or crush or dissolve.</p>	

You can help yourself with the **tracking book** and a **calendar** to spot the takes.
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Do not forget to note it in your tracking book*
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time without doubling it. Do not forget to note it in your tracking book*

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.










- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **1 week** after the last take
- Stop breast feeding during the treatment and up to **1 week** after the last take.

Fertility in women and men may be affected during treatment with selpercatinib.
Your doctor can inform you about the possibility of preservation of fertility before initiation of treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH RETSEVMO® SELPERCATINIB?

Like all medicines, selpercatinib may infer side effects, but you may not experience any.

Side effects	Prevention
 Palpitations (heart throbs)	Diminish your consumption of stimulants (coffee, tobacco, alcohol, tea). Get enough sleep and at regular hours. Take relaxation exercises (sophrology, tai-chi, yoga). Measure your heart beats (blood pressure monitor, connected watch, or even manually) ; note down these figures. Contact your doctor in case of fainting, dizziness, difficulty to breathe or pain in the chest.
 Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 Fatigue, head aches	Drink in sufficient quantity (1,5/2l water/day) and have a healthy feeding at regular hours. Limit having psychostimulants (coffee, tobacco, alcohol). Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour ; avoid late bedding and staying in. Be prudent if you have to drive.
 Digestive effects : constipation or diarrheas, nauseas, vomiting, loss of appetite, abdominal pain	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals.
 Unusual bleedings, bruises	Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured.
 High blood pressure	Headaches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Measure your blood pressure (at rest, in a sitting position, in the morning before breakfast and in the evening before going to bed ; make a measure 3 times in succession at 2 minutes' intervals) ; note down these figures. Take regular and adapted exercise (30 minutes 3 times a week). Limit your consumption of salt (maximum 6 gr / day) and alcohol. Favor food that is poor in saturated fat (animal fat) and rich in fibers.
 Swelling of face and limbs	Keep having low-salted food. Avoid tight clothes. In case of swelling of the legs, rise your feet when sitting. Wear support stockings and put them on when rising on rested legs. Watch over your weight regularly. In case of such swelling, contact your doctor.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](https://www.sanofi.com/fr/medicaments/retsevmo) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://signalement-sante.gouv.fr)



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Respiratory problems (shortness of breath, cough, fever)
- Yellowing of the skin and eyes, dark urine
- Several abdominal pain
- Any persisting or worsening side effects.



Useful contacts :

Remarks :
