



## WHAT IS LORVIQUA® LORLATINIB ?

- Cancer drug used in the treatment of some lung cancers
- Prescribed and renewed by your hospital doctor specialized in medical oncology or cancerology
- Available in city pharmacies on presentation of your prescription




Tablets available in dosages :

- **25 mg** : round, light pink, bearing "Pfizer" on one side and "25" and "LLN" on the other
- **100 mg** : oval, dark pink, bearing "Pfizer" on one side and "LLN 100" on the other.



- Store at a temperature not over 25°C, out of sight and reach of children.
- Do not get the tablets out of the bottle to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened packagings. Please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

When ?	.....h.....	= 1 take per day at fixed hour During or away from meals
How ?		Swallow the tablet(s) whole, with water each day at the same time of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with the **tracking book** and a **calendar** to spot the takes.  
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

\*\* This file is not a prescription, please refer to your latest prescription

## WHAT TO DO IN CASE OF MISSING OR VOMITING ?

- **If you forget to take a dose, less than 4 hours before your next dose** : do not take the missed dose. The next dose will be taken at the usual time, without doubling it. **If you forget to take a dose, 4 hours or more before your next dose** : take the missed dose as soon as possible. The next dose will be taken at the usual time. Remember to note it in your tracking book\*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time. Remember to note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.

- You and your partner must use efficient contraceptive methods (condoms and another non hormonal methods) during the treatment and up to **35 days** after the last take for women or up to **14 weeks** after the last take for men
- Stop breast feeding during the treatment and up **7 days** after the last take.









Fertility in men may be affected during treatment with lorlatinib.

Your doctor can inform you about the possibility of sperm conservation before initiating treatment

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH LORVIQUA® LORLATINIB ?

Like all medicines, lorlatinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Decrease in red blood cells	contact your doctor in case of paleness, short breath during effort or even at rest, persisting fatigue, heart throbs, dizziness and head aches.
  Digestive effects : constipation or diarrheas, nausea, vomiting	Watch over your weight and remember to hydrate well (1,5/2l. water/day). <b>In case of constipation</b> , favor food that is high in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. <b>In case of diarrhea</b> , favor food that is low in fibers ( starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). <b>In case of nausea/vomiting</b> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals..
 Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent ( cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 Headaches	Remember to hydrate well. Eat at a regular time, don't skip meals. Avoid tobacco and alcohol (headache triggers). Avoid late bedtimes and late mornings; get enough sleep at night.
 Pains in the hands and feet, tingling, loss of sensitiveness	Care for any cut or injury (blister). Do not use hot water ( check the temperature with your elbow ) ; protect yourself from the cold. You may reduce the pain by taking regular exercise (walking 3 times/week) and relaxation exercise (sophrology, tai-chi, yoga). Anticipate any risk of falling ( bad light, object on the ground ) ; use rails, banisters or even a stick if necessary. Have a healthy and well-balanced feeding.
 High blood pressure	Headaches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Measure your blood pressure ( at rest, in a sitting position, in the morning before breakfast and in the evening before going to bed ; make a measure 3 times in succession at 2 minutes' intervals ) ; note down these figures. Take regular and adapted exercise ( 30 minutes 3 times a week). Limit your consumption of salt (maximum 6 gr / day) and alcohol. Favor food that is poor in saturated fat ( animal fat) and rich in fibers.
 Increase cholesterol level	Limit the consumption of saturated fatty acids (cheese, sour cream, butter, fatty meats, cold meats...). Favor lean fish, cereals, starchy foods, dairy products, fruits and vegetables, as well as cooking by steam, in foil, in water or on the grill. Practice regular and appropriate physical activity.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : [signalement-sante-gouv-fr](#)



In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

**Promptly contact your doctor** in case of :

- Difficulty speaking or breathing (cough, shortness of breath)
- Chest pain, changes in heartbeat
- Vision disorder, mood disorders
- Any persisting or worsening side effect



Remarks :

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