



## WHAT IS GLIVEC® IMATINIB ?

- Targeted therapy used in the treatment of some types of blood cancer, digestive tract and skin cancers
- Prescribed and renewed by your hospital doctor specialized in hematology, gastro-enterology, oncology, medical cancerology or internal medicine,
- Available in city pharmacies on presentation of your prescription



- Layered tablets, from dark yellow to orange brown, dosed at
  - **100 mg** : round tablet bearing « NVR » on one side and « SA » on the other side
  - **400 mg** : oval tablet, biconvex, bearing « 400 » on one side and « SL » on the other side
- *There exist generics in different form and color*



- Store at a temperature not over 25°C, out of sight and reach of children.



- Do not get the tablets out of the box to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.



- Do not throw away the opened boxes, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

<b>When ?</b>	.....h..... .....h.....	<b>= 1 or 2 take(s) per day depending on your dosage, at fixed hour(s), during a meal (to reduce the risk of gastrointestinal irritation)</b>
<b>How ?</b>		Swallow the tablets whole, with water, every day at the same moment of the day. If you cannot swallow the tablet(s), you can disperse them in a large glass of water or apple juice, stir with a spoon and drink immediately.

You can help yourself with the **tracking book** and a **calendar** to spot the takes.  
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

\*\* This file is not a prescription, please refer to your latest prescription

## WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, take the missed dose as soon as you notice it. If the missed dose is close to the next dose, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Remember to note it in your tracking book\*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Remember to note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.



- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **15 days** after the last take
- Stop breast feeding during the treatment and up **15 days** after the last take.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH GLIVEC® IMATINIB ?

Like all medicines, Imatinib may infer side effects, but you may not experience any.

Side effects	Prevention
 Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent ( cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 Digestive effects : diarrheas, abdominal pain, nauseas, vomiting, loss of appetite	Watch over your weight and remember to hydrate well (1,5/2l. water/day). <b>In case of diarrhea</b> , favor food that is low in fibers ( starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). <b>In case of nauseas/vomiting</b> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Use the antiemetic medications prescribed for you if appropriate.
 Decrease in red blood cells, white blood cells and platelets	<p><b>Decrease in red blood cells</b> : contact your doctor in case of paleness, short breath during effort or even at rest, persisitig fatigue, heart throbs, dizziness and head aches.</p> <p><b>Decrease in whgite blood cells</b> : contact your doctor in case of a temperature &gt; 38°C, shivers, sweats, cough, short or painful breathing, diarrhea with fever, or any sign of infection.</p> <p><b>Decrease in platlets</b> : contact your doctor in case of an outbreak of small red dots on the skin, bruises, nose bleedings, small eye or gum hemorraeges, blood in urine or motion.</p>
 Muscle cramps, Pains in joints or muscles	Remember to hydrate well before, during and after effort. Take regular and adapted physical exercise ( walking and swimming) ; Remember to warm up before. Help yourself with a stick in order to relieve your joints. Avoid repetitive movements and strenuous physical effort. Use a cane to relieve joint strain.
 Unusual bleedings, bruises, nosebleeds	Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured. If you experience a nosebleed, lean your head forward for the duration of the bleeding and blow your nose until the clots are cleared. Maintain pressure on your nostrils for 10 min; hemostatic products can reduce this time (wicks to be applied after 2 minutes of compression and left in place for 30 minutes). In the event of persistent discharge beyond 15 minutes of compression or in the event of pallor, palpitation, sweating or hypotension: consult immediately.
 Swelling of face and limbs	Keep having low-salted food. Avoid tight clothes. In case of swelling of the legs, rise your feet when sitting. Wear support stockings and put them on when rising on rested legs. Watch over your weight regularly. In case of such swelling, contact your doctor.
 Headaches	Remember to hydrate well. Eat at a regular time, don't kips meals. Avoid tobacco and alcohol (headache triggers). Avois late bedtimes and late mornings; get enough sleep at night.
<p><i>Only some of the most frequent side effects mentionned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.</i></p> <p><i>You can also ask your question ask your question to <a href="#">center for side effects monitoring</a> or notify any side effect on the following site : <a href="#">signalement-sante-gouv-fr</a></i></p>	

In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordabce with the doses.
- Respect measures of prevention.

Useful contacts :

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Remarks :

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**Promptly contact your doctor in cese of :**

- Signs of infection (fever, cough, shivers, mouth ulcers...)
- Unusual and/or heavy bleeding
- Rapid weight gain, chest pain, dizziness
- Any persisting or worsening side effects.

