



WHAT IS AYVAKYT® AVAPRITINIB?

- Targeted therapy used in the treatment of some types of blood cancer or some digestive cancer
- Prescribed and renewed by your hospital doctor specialized in oncology, medical cancerology or internal medicine
- Available in city pharmacies on presentation of your prescription.



White tablets, bearing « BLU » in blue writing on one side and that of dosage on the other side :

- Round, dosed at **25 mg, 50 mg or 100 mg**
- oval, dosed at **200 mg ou 300 mg**



- Store at a temperature not over 25°C, out of sight and reach of children.
- Do not get the capsules out of the bottle to put them into a pill-box
- Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes, please bring them back to your pharmacist

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take per day at fixed hour away from meals (at least 1 hour or 2 hours after eating)
How ?		Swallow the tablets with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets

You can help yourself with the **tracking book** and a **calendar** to spot the takes.
Never stop or change the rhythm of takes of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription

WHAT TO DO IN CASE OF MISSING OR VOMITING?

- **In case of missing in less than 16 hours**, take the missed dose. The next dose will be taken at the usual time. Please note it in your tracking book*.
- **In case of missing in more than 16 hours**, do not take the missed dose. The next dose will be taken at the usual time (do not double the next dose). Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH MEDICINES AND/OR FOOD

Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.



- You and your partner must use efficient contraceptive methods (condoms and another method) during the treatment and up to **1 month** after the last take
- Stop breast feeding during the treatment and up to **2 weeks** after the last take.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH AYVAKYT® AVAPRITINIB ?

Like all medicines, avapritinib may infer side effects, but you may not experience any.

Side effects

Prevention

 Skin eruption, photosensitiveness

Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.

 Digestive effects : constipation or diarrheas, nauseas, vomiting

Watch over your weight and remember to hydrate well (1,5/2l. water/day). **In case of constipation**, favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. **In case of diarrhea**, favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). **In case of nauseas/vomiting**, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals.

 Decrease in red blood cells, white blood cells and platelets

Decrease in red blood cells : contact your doctor in case of paleness, short breath during effort or even at rest, persisitig fatigue, heart throbs, dizziness and head aches.

Decrease in whgite blood cells : contact your doctor in case of a temperature > 38°C, shivers, sweats, cough, short or painful breathing, diarrhea with fever, or any sign of infection.

Decrease in platlets : contact your doctor in case of an outbreak of small red dots on the skin, bruises, nose bleedings, small eye or gum hemorraeges, blood in urine or motion.

 Unusual bleedings, bruises

Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured.

 Fatigue

Favor healthy feeding, at regular times. Limit the use of psychostimulants such as coffee, tobacco and alcohol. Be prudent if you have to drive. Respect moments of rest during the day while remaining active, even moderately. Go to bed at a regular hour and get enough sleep at night.).

 Swelling of face and limbs

Keep having low-salted food. Avoid tight clothes. In case of swelling of the legs, rise your feet when sitting. Wear support stockings and put them on when rising on rested legs. Watch over your weight regularly. In case of such swelling, contact your doctor.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](https://www.centre-maladies-rare.fr/) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://signalement-sante.gouv.fr)

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordabce with the doses.
- Respect measures of prevention.

Useful contacts :

Promptly contact your doctor in case of :

- Unusual headaches
- Memory problems, unusual mood changes, confusion
- Vision problems (blurred or cloudy vision, sensitivity to light)
- Shortness of breath, very rapid weight gain
- Significant drowsiness or weakness in part of your bodySwelling, redness and pain of the hands and/or feetAny persisting or worsening side effects.



Remarks :
