







WHAT IS PEMAZYRE® PEMIGATINIB ?


- Targeted therapy used in the treatment of some biliary tract cancers
- Prescribed and renewed by your hospital doctor specialized in medical oncology or cancerology.
- Available in city pharmacies on presentation of your prescription.



Round tablet dosed at **4,5 mg** or **13 mg**, or oval tablet dosed at **9 mg**, white or off-white, bearing « 1 » on the back and the measuring on the front.

-  • Store it at a temperature not over 25°C, out of reach and sight of children.
-  • Do not get the tablets out of their blister to put them in a pill-box
-  • Wash your hands carefully before and after each handling of the tablets.
-  • Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day, during or away from a meal for 14 consecutive days followed by 7 days off
How ?		Swallow the tablets whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing in less than 4 hours**, take the missed dose. The next dose will be taken at the usual hour . Please note it in your tracking book*.
- **In case of missing over 4 hours**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food, spices and plants **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking **are compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the outcome of side effects.










- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up to 1 week after the last take**.
- Stop breast feeding during the treatment and **up to 1 week after the last take**.

Male and female fertility may be affected during the treatment with pémigatinib. Your doctor may inform you about the possibility of preserving sperm before starting the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr


WHAT SIDE EFFECTS MAY OCCUR WITH PEMAZYRE® PEMIGATINIB ?

Like all medicines, pemigatinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Hair loss	Use a large comb or a natural bristles hairbrush. Choose a mild shampoo, rinse your hair in tepid water, and let it dry in the open air or at a low temperature. Avoid blow-drying, hair settings, perms and dyeing as these weaken your hair.
 Nail damage	Use a superfatted soap to wash your hands and feet . Avoid prolonged immersions in water. Dab your skin dry and hydrate it. Keep your nails short (prefer a nail-file to a nail-clipper). Apply a protecting varnish and do not use an acetone remover (ask your pharmacist for advice). In case of pain, bathe your nails into an antiseptic solution ; in case of a cut, apply a healing cream.
 Skin dryness, swelling / burning sensation in hands and feet	Limit baths / showers to 1 /day (maximum 15 minutes at 32°C). Use a gel or hypoallergenic, soap-free bar. Dab your skin dry . Apply a hydrating agent (cream or milk). Favor light and large cotton clothes. Use a detergent for sensitive skins (without softener). Drink 1,5 / 2 litres of water/day. In case of swelling/burning sensations in hands/feet , take baths in fresh water (15 minutes) or apply a cold bag or ice-bag (without direct contact with the skin). Wear gel soles so as to keep your feet in contact with a cold surface.
 Digestive effects : constipation or diarrhea, nausea, vomiting	Watch over your weight and remember to hydrate well (1,5/2 litres of water/day) . In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nausea/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals. Take the antiemetic medicines you have been prescribed, if needed.
 Mouth inflammation	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you are under oxygenotherapy). Stimulate your saliva (ice-cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee, and acid, salted, irritating, spicy or crunchy food. Take the analgesic medicines you have been prescribed (not those with alcohol).
 Pain in joints	Take regular and adapted physical exercise (wading, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive movements and strenuous physical effort.
 Eye dryness	Avoid dry atmospheres (place dehumidifiers and ventilate the rooms), smoky places, and tobacco. In case of computer work, take regular rests and blink your eyes at regular intervals. Drink 1,>5 /2 litres of water/day and favor essential fatty acid intake (fat fish, rapeseed oil, nuts, green-leaved vegetables)

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](https://www.centre-maladies-rare.fr/) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://signalement-sante.gouv.fr/)

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Sight or eye trouble.
- Fever
- Warm, painful or red arm or calf, with shortness of breath.
- Any persisting or worsening side effect.



Useful contacts :

Remarks :
