



WHAT IS LENVIMA® LENVATINIB ?

- Cancer drug used in the treatment of some types of thyroid or uterus cancers.
- Prescribed and renewed by your hospital doctor specialized in cancerology and medical oncology.
- Available in city pharmacy (thyroid cancer) and hospital pharmacy (uterus cancer) on presentation of your prescription.





Capsules, two existing presentations according to measuring :

- **4 mg** : orange-red body and cap + “€” mentioned on the cap and “LENV 4 mg” on the body
- **10 mg** : yellow body and orange cap + “€” mentioned on the cap and “LENV 10 mg” on the body



- Store at a temperature not over 25°C and out of sight and reach of children.
- Do not get the capsules out of their packaging to put them in a pill-box.
- Wash your hands carefully, before and after each handling of the capsules
- Do not throw away the opened boxes. Please bring them back to your pharmacist.


HOW TO TAKE THIS MEDICINE ?

When ?h.....	= 1 take a day, at fixed hour, morning or evening, during or away from meals
How ?	<p>Swallow the capsules,</p> <ul style="list-style-type: none"> - either whole with water  - or dissolved ① put the capsules in a soup spoon with liquid (water, apple juice) ② wait 10 minutes ③ stir for at least 3 minutes, time for the capsule covering to dissolve ④ drink ⑤ after drinking, add the same quantity of water, stir and drink. <p>In all cases, do not open nor chew, cut or crush the capsules</p>	

You can help yourself with **the tracking book*** or a **calendar** to spot the takes.
Never stop or change the rhythm of administration of your treatment without your doctor’s advice

** This file is not a prescription ; refer to your latest prescription .

WHAT TO DO IN CASE OF MISSING OR VOMITING?

-  **If you miss a take in less than 12 hours**, take the missed dose immediately and resume your treatment as usual. Don’t forget to note it in your tracking book*.
- **If you miss a take in more than 12 hours**, do not take the missed dose, nor a double dose to make up for the missed dose. Just take the next dose as planned the following day. Don’t forget to note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. Just take the next dose as planned the following day. Don’t forget to note it in your tracking book*.

INTERACTIONS WITH MEDICINES AND/OR FOOD

Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.













- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up 1 month after the last take**.
- Stop breast feeding during the treatment.



*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDES EFFECTS MAY OCCUR WITH LENVIMA® LENVATINIB ?

Like all medicines, lenvatinib may have side effects, although you may not experience any.

	Side effects	Prevention
	high blood pressure, irregular heartbeats	Diminuez la consommation de stimulants (café, thé, alcool, tabac). Dormez suffisamment et à horaires réguliers. Faites des exercices de relaxation (sophrologie, yoga, tai-chi). Mesurez votre fréquence cardiaque (tensiomètre, montre connectée ou manuellement) ; notez les chiffres obtenus. Consultez votre médecin en cas de malaise, vertiges, difficultés respiratoires ou de douleurs dans la poitrine.
 	Digestive effects : constipation or diarrheas, nausea, vomiting, loss of appetite,	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Salt your food. In case of nausea/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. In case of vomiting , use the anti-emetic medication prescribed for you
	Leucopenia, neutropenia, thrombopenia	<ul style="list-style-type: none"> - Leukopenia/neutropenia : contact your doctor in case of a temperature over 38°C, cough, painful breathing or shortness of breath, pain when urinating or smelly urines, diarrhea accompanied by fever, or any sign suggestive of infection - Thrombopenia : contact your doctor in case of small red dots on your skin, bruises, nose bleedings, small eye or gum hemorrhages, presence of blood in urines and motions.
	Fatigue, headaches, dizziness	Favor healthy feeding, at regular times. Limit the use of psychostimulants such as coffee, tobacco and alcohol. Respect moments of rest during the day while remaining active, even moderately. Go to bed at a regular hour. Be prudent if you have to drive.
	Mouth inflammation	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you have an oxygenotherapy treatment) and stimulate your saliva (ice cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee, and acid, salted, spicy, irritating and crushy food. Use analgic medicines and make mouthwashing as you have been prescribed.
	Skin eruption, tingling, redness or even pain hands/feet	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
	Pain in joints or muscles	<ul style="list-style-type: none"> - pain in joints: Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive gestures and strenuous physical effort. - pain in muscles : Remember to hydrate yourself well before, during and after exercise. Practice regular and appropriate physical activity; warm up first.
	Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv-fr	
	In all cases, remember to make the biological tests prescribed by your doctor.	

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- intense headaches, dizziness, convulsions, confusion, speech trouble, vision changes
- pain or oppression in the chest, in the arms, shortness of breath, irregular heartbeats.
- intense pain in the belly
- black, dark or bloody motions, bloody cough
- any persisting or worsening side effect.



Useful contacts :

Remarks :
