



WHAT IS CALQUENCE® ACALABRUTINIB ?

- Cancer drug used in the treatment of chronic lymphoid leukemia
- Prescribed and renewed by your hospital doctor specialized in hematology.
- Available in city pharmacies on presentation of your prescription.



- Capsule dosed at **100 mg** , yellow and blue, bearing « ACA 100 mg »



• Store it at a temperature not over 30°C , out of reach and sight of children



• Do not get the capsules out of the box to put them in a pill-box.



• Wash your hands carefully before and after each handling of the capsules.

• Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE ?

When ?

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= **2 takes a day at fixed hours (with an interval of 12 hours ideally), during or away from meals**

How ?



Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor open, cut or crush the capsules.
Grapefruit juice or pulp should be avoided during treatment.



You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing in less than 3 hours**, take the missed dose resume your treatment as usual. Please note it in your tracking book*.
- **In case of missing in more than 3 hours**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (food, plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.










- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment.
- Stop breast feeding during the treatment and up 2 days after the last take.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH CALQUENCE® ACALABRUTINIB ?

Like all medicines, acalabrutinib may have side effects, although you may not experience any.

	Side effects	Prevention
	Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection). Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
	Digestive effects : constipation or diarrheas, abdominal pains, nauseas, vomiting, Loss of appetite	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals..
	Signs of infection: fever, shivers, cough, sore throat, urinary burns	Limit your contacts with people having a contagious infection. Wash your hands regularly. Disinfect any injury carefully. Contact your doctor in case of a temperature >38°C, cough, breathlessness/ painful breathing, pain when urinating or smelly urines, change in the nature or frequency of motions (diarrhea, constipation) or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.
	Pain in the joints	Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive gestures and strenuous physical effort.
	Pain in muscles	Remember to hydrate yourself well before, during and after exercise. Practice regular and appropriate physical activity; warm up first.
	Unusual bleedings, bruises	Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory (eg ibuprofen) nor phytotherapy products (which may induce bleedings) without medical advice ; ask for advice from a health care professional. In case of bruises, apply a cold object (cold bag or ice bag), or even an adapted cream or gel (based on arnica for example), provided the skin is not injured.
	Fatigue	Favor healthy feeding . Limit taking psychostimulants(tobacco, alcohol, coffee). Be prudent if you have to drive. Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour and sleep long enough.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](https://www.signalement-sante.gouv.fr) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://www.signalement-sante.gouv.fr)



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

Promptly contact your doctor in case of :

- Signs of infection (fever, shivers, cough, difficulty to breathe, pain when urinating)
- Bleedings, black motions, blood in spittings.
- Any persisting or worsening side effects.



Remarks :