



WHAT IS ALUNBRIG® BRIGATINIB ?

- Targeted therapy used in the treatment of some types of lung cancers.
- Prescribed and renewed by your hospital doctor specialized in oncology or medical cancerology.
- Available in city pharmacies on presentation of your prescription.




White or off-white tablets doset at :

- **30 mg** : round tablet bearing « U3 » on one side
- **90 mg** : oval tablet bearing « U7 » on one side
- **180 mg** : oval tablet bearing « U13 » on one side



- Store it at a temperature not over 25°C, out of sight and reach of children.
- Do not get the tablets out of the bottle to store them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes; please bring them back to your pharmacist

HOW TO TAKE THIS MEDICINE ?

When ?h.....	= 1 take a day at a fixed hour during or away from meals
How ?		Swallow the tablet(s) whole, with water every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF VOMITING OR MISSING?



- **In case of missing**, do not take the missed dose, nor any double dose. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. Just take the next dose as planned the following day. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

Check with your **doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food and plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the occurrence of side effects.










- You and your partner must use efficient non hormonal contraceptives methods (condoms and one other means) during the whole treatment **and up to 4 months the last take for women and up to 3 months the last take for men**.
- Stop breast feeding during the treatment.

*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH ALUNBRIG® BRIGATINIB ?

Like all medicines, Brigatinib may bring about some side effects, although you may not experience any.

Side effects	Prevention
 <p>Skin eruption, photosensitivity</p>	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 <p>Pains in the hands and feet, tingling, loss of sensitiveness</p>	Care for any cut or injury (blister). Do not use hot water (check the temperature with your elbow) ; protect yourself from the cold. You may reduce the pain by taking regular exercise (walking 3 times/week) and relaxation exercise (sophrology, tai-chi, yoga). Anticipate any risk of falling (bad light, object on the ground) ; use rails, banisters or even a stick if necessary. Have a healthy and well-balanced feeding. Contact your doctor.
 <p>Digestive effects : constipation or diarrhea, abdominal pains, nausea, vomiting, loss of appetite</p>	Do Remember to hydrate well (2litres of water a day) ; rather drink between meals. Watch over your weight. In case of constipation , favor food that is rich in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is poor in fibers (starchy food, carrots, bananas...). Avoid some food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Add salt to your food. In case of nausea/vomiting, make several small light meals and eat slowly. Avoid greasy, fried and spicy food, and those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. In case of vomiting , use the antiemetic medicines you have been prescribed.
 <p>Mouth inflammation</p>	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you have an oxygenotherapy treatment) and stimulate your saliva (ice cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee, and acid, salted, spicy, irritating and crushy food. Use analgic medicines and make mouthwashing as you have been prescribed (alcohol free).
 <p>Visual disturbances</p>	See your doctor promptly if you experience decreased or trouble vision.
 <p>cough, shortness of breath</p>	Make abdominal breathing exercises and relaxation exercises (sophrology, yoga, tai-chi). Spare yourself by planning your everyday activities. Avoid factors which may trigger shortness of breath (tobacco, perfume, animal hair...). Contact your doctor in case of persisting symptoms, pain in the chest, or fever.
 <p>High blood pressure</p>	Headaches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Measure your blood pressure (at rest, in a sitting position, in the morning before breakfast and in the evening before going to bed ; make a measure 3 times in succession at 2 minutes' intervals) ; note down these figures. Take regular and adapted exercise (30 minutes 3 times a week). Limit your consumption of salt (maximum 6 gr / day) and alcohol. Favor food that is poor in saturated fat (animal fat) and rich in fibers.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : signalement-sante-gouv.fr

In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, shivers, cough, urinary burns)
- Visual disturbances (blurred vision, flash of light, etc.)
- High blood pressure or slow heart rate
- Any persistent or worsening side effects



Useful contacts :

Remarks :
