



WHAT IS ICLUSIG® PONATINIB ?

- A targeted therapy used in the treatment of some types of leukaemias
- Prescribed and renewed by your doctor specialized in hematology, oncology or cancerology
- Available in city pharmacies on presentation of your prescription.



Film-coated tablets ; existing in 3 measures :

- 15 mg : bearing "A5" on one side
- 30 mg : bearing "C7" on one side
- 45 mg : bearing "AP4" on one side.



- Store at an ambient temperature, out of sight and reach of children.




- Do not get the tablets out of the bottle to store them in a pill-box.



- Wash your hands carefully before and after each handling of the tablets.

- Do not throw away the opened tablets; please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE ?

When ?h.....	= 1 take per day at a fixed time during or away from meals
How ?	 Swallow the tablet(s) whole, with water every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.	

You can help yourself with the **tracking book*** and a **calendar** to spot the takes.
Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription. Refer to your latest prescription.

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHERS MEDICINES AND/OR FOOD



Check with your **doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food and plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the occurrence of side effects,











- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment.
- In case of breast-feeding : discontinue during traitement.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH ICLUSIG® PONATINIB?

Like all medicines, ponatinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 <p>Signs of infection: fever, shivers, cough, sore throat, urinary burns</p>	<p>Limit your contacts with people having a contagious infection. Wash your hands regularly. Disinfect any injury carefully. Contact your doctor in case of a temperature >38°C, cough, breathlessness/painful breathing, pain when urinating or smelly urines, change in the nature or frequency of motions (diarrhea, constipation) or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.</p>
 <p>Digestive effects : constipation or diarrheas, abdominal pains, nausea, vomiting, Loss of appetite</p>	<p>Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation, favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea, favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nausea/vomiting, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals. Take the antiemetic medicines you have been prescribed, if needed.</p>
 <p>Fatigue, insomnia, heaches, dizziness</p>	<p>Drink in sufficient quantity (1,5/2l water/day) and have a healthy feeding at regular hours. Limit having psychostimulants (coffee, tobvacco, alcohol). Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour ; avoid late bedding and staying in. Be prudent if you have to drive.</p>
 <p>Skin eruption</p>	<p>Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.</p>
 <p>High blood pressure</p>	<p>Headaches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Measure your blood pressure (at rest, in a sitting position, in the morning before breakfast and in the evening before going to bed ; make a measure 3 times in succession at 2 minutes' intervals) ; note down these figures. Take regular and adapted exercise (30 minutes 3 times a week). Limit your consumption of salt (maximum 6 gr / day) and alcohol. Favor food that is poor in saturated fat (animal fat) and rich in fibers.</p>
 <p>Pain in the joints</p>	<p>Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive gestures and strenuous physical effort.</p>
 <p>Pain in muscles</p>	<p>Remember to hydrate yourself well before, during and after exercise. Practice regular and appropriate physical activity; warm up first.</p>
 <p>Swelling of the face and limbs (oedemas)</p>	<p>Keep eating low-salted food. Avoid wearing tight clothes. In case of swelling of the legs, raise your feet when sitting. Wear support stockings and put them on rested legs when rising from bed. Watch over your weight regularly. In case of such swelling, contact your doctor.</p>
<p>Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv.fr</p>	

In all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses
- Respect the measures of prevention

Useful contacts :

Promptly contact your doctor in case of :

- Pain in the chest, swelling, redness or pains in the arms and legs.
- Severe pain in the stomach and back
- Fever, shivering, shortness of breath
- Any persisting or worsening side effect.



Remarks :