



WHAT IS RUBRACA® RUCAPARIB ?

- Targeted therapy used in the treatment of some ovary, Fallopian tube or peritoneal cancers,
- Prescribed and renewed by your hospital doctor specialized in medical oncology or cancerology.
- Available in city pharmacies on presentation of your prescription.



Three doses available :

- **200 mg** : round, blue tablets bearing the inscription « C2 »
- **250 mg** : white, diamond-shaped tablets, bearing the inscription « C25 »
- **300 mg** : yellow, oval tablets, bearing the inscription « C3 »



- Store it at a temperature not exceeding 30°C, out of the sight and reach of children.
- Do not take the tablets out of their packaging to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes, please bring them back to your pharmacist.



HOW TO TAKE THIS MEDICINE?

When ?

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2 takes a day, at fixed hour, with 12 hour's interval, during or away from the meals

How ?



Swallow the tablets whole, with water, one after the other every day at the same moments of the day.

Do not chew, cut nor crush or dissolve the tablets.

You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FEEDING

Check with your **doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food and plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency.










- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up to 6 months after the last take**.
- Stop breast feeding during the treatment and **up to 2 weeks after the last take**.



*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH RUBRACA® RUCAPARIB ?

Like all medicines, rucaparib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Decrease in red blood cells, white blood cells and platelets	Decrease in red blood cells : contact your doctor in case of paleness, short breath during effort or even at rest, persisting fatigue, heart throbs, dizziness and head aches. Decrease in white blood cells : contact your doctor in case of a temperature > 38°C, shivers, sweats, cough, short or painful breathing, diarrhea with fever, or any sign of infection. Decrease in platelets : contact your doctor in case of an outbreak of small red dots on the skin, bruises, nose bleedings, small eye or gum hemorages, blood in urine or motion.
 Nauseas, vomiting	Make several small light meals during the day , and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Rather drink between meals (fresh, sparkling water help diminish nausea). Avoid staying on an empty stomach as this increases nausea. Do not lie in bed within 30 minutes after a meal. In case of vomiting, take the antiemetic medicines you have been prescribed.
 Diarrheas, abdominal pains	Watch your weight. Drink sweet and/or salty drinks: water, sweet tea, sodas, soups. Avoid magnesium-rich waters (CONTREX®, HEPAR®), coffee, iced drinks. Choose a diet low in fiber (starches, carrots, bananas); avoid foods that can increase intestinal transit (dairy products, raw fruits and vegetables, cereals, fatty foods, spices). Wash your hands regularly. In case of associated fever or persistent symptoms beyond 5 days, consult your doctor.
 Skin eruptions, Photosensitiveness	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12 and 4 pm. Wear protecting clothes, even under a parasol (UVA reflection) . Use a sun screen > 50, to be applied 30 minutes before exposure and renewed every 2 hours.
 Swelling, burning sensation of hands/feet	Use a gel or a hypoallergenic, soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Take fresh baths (15 minutes), or apply a cold or ice bag (without direct contact with the skin). Wear gel soles so as to keep your feet in contact with a cold surface.
 Fatigue, dizziness	Favor healthy feeding . Limit taking psychostimulants(tobacco, alcohol, coffee). Be prudent if you have to drive. Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour and sleep long enough.
	<i>Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv-fr</i>



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns...)
- Unusual bleeding, coughing up blood
- Skin disorders
- Shortness of breath, tiredness or paleness
- Any persisting or worsening side effect



Useful contacts :

Remarks :
