



WHAT IS LUMYKRAS® SOTORASIB ?

- Cancer drug used in the treatment of some lung cancers
- Prescribed and renewed by your hospital doctor specialized in oncology or cancerology.
- Available in hospital pharmacies on presentation of your prescription.



- Oblong, yellow tablet, dosed at **120 mg**, bearing « AMG » on one side and « 120 » on the other.




- Store it at a temperature not over 25°C, out of reach and sight of children .

- Do not get the tablets out of the blister to put them in a pill-box.

- Wash your hands carefully before and after each handling of the tablets .

- Do not throw away the opened packagings, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day, at a fixed hour, during or away from a meal
How ?		Swallow the tablets whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut or crush the tablets. The tablets can be dissolved in 120ml of non-sparkling water.

You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?

- **In case of missing in less than 6 hours**, take the missed dose. The next dose will be taken at the usual hour. Please note it in your tracking book*.
- **In case of missing over 6 hours**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose . The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD








Check with your **doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food and plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency.

- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up to 7 days after the last take**.
- The efficiency of hormonal contraceptives may be reduced during the treatment with sotorasib. Women using a hormonal contraception must complete it with another means.
- Stop breast feeding during the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH LUMYKRAS® SOTORASIB?

Like all medicines, sotorasib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Decrease in red blood cells	Contact your doctor in case of paleness, short breath during effort or even at rest, persisting fatigue, heart throbs, dizziness and head aches.
 Digestive effects : constipation or diarrhea, abdominal pains, nausea, vomiting , loss of appetite	Watch over your weight and remember to hydrate well (1,5/2l. water/day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nausea/vomiting , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals. Take the antiemetic medicines you have been prescribed, if needed.
 Pain in the back and in joints	Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive movements and strenuous effort.
 Cough, shortness of breath	Make abdominal breathing exercises and relaxation exercises (sophrology, yoga, tai-chi). Spare yourself by planning your everyday activities. Avoid factors which may trigger shortness of breath (tobacco, perfume, animal hair...). Contact your doctor in case of persisting symptoms, pain in the chest, or fever.
 Head aches, fatigue	Drink in sufficient quantity (1,5/2l water/day) and have a healthy feeding at regular hours. Limit having psychostimulants (coffee, tobacco, alcohol). Respect moments of rest during the day, while remaining active, even moderately. Go to bed at a regular hour ; avoid late bedding and staying in. Be prudent if you have to drive.
 Skin eruption	Use a gel or a hypoallergenic soap-free bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12.00 and 4pm. Wear protecting clothes, even under a parasol (reflection of UVA). Use a sunscreen >50, to be applied 30 minutes before exposure and renewed every 2h.
 <i>Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site : signalement-sante-gouv-fr</i>	

In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns...)
- Cough, shortness of breath, pain in the chest or difficulty to breathe.
- Dark urine, pale stools, yellow skin and eyes, abdominal pains.
- Any persisting or worsening side effect



Useful contacts :

Remarks :
