Patient tool V2, april 2023



WHAT IS VOTRIENT® PAZOPANIB?

- A targeted therapy used in the treatment of some breast cancers and sarcomas of limp tissues
- Prescribed and renewed by your hospital doctor specialized in oncology, medical cancerology or hematology.
- Available in city pharmacies on presentation of your prescription.





Layered tablet, capsule-shaped, dosed at 200 mg, (pink, bearing « GS JT » on one side) or at 400 mg (white, bearing « GS UHL » on one side)



Store at a temperature not over 30°C, out os sight and reach of children.

Wash your hands carefully before and after each handling of the tablets



Do not get the tablets out of the bottle to put them in a pill-box.



Do not throw away the opened packagings, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When?

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= 1 take a day, at a fixed hour, away from a meal (at least 1 hour before or 2 hours after a meal))

How?



Swallow the tablets whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with your tracking book* and a calendar to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice. ** This file is not a prescription; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- In case of missing, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- In case of vomiting, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your doctor and your pharmacist that the medicines (with or without prescription) and/or other substances (food, spices and plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...) and other by-products that you are taking are compatible with your treatment. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency.



You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and for at least 2 weeks after the last take.

Stop breast feeding during the treatment.

Male and female fertility may be affected during the treatment with pazopanib. You can be informed by your doctor on the possiblity of preserving eggs and sperm before starting the treatment.

*Tracking book available on the sites <u>www.omeditbretagne.fr</u> or <u>www.omedit-paysdelaloire.fr</u>



WHAT SIDE EFFECTS MAY OCCUR WITH VOTRIENT® PAZOPANIB?

Like all medicines, pazopanib may bring about side effects, although you may not experience any.

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Side effects		Prevention
	Hair loss	Use a large comb or a soft, natural-bristled brush. Choose a mild shampoo, rinse your hair in tepid water and let it dry in the open air or at a low temperature. Avoid blow drying, hair setting, perms and dyeing which weaken your hair.
	Swelling and burning sensations in hands and feet.	Use a gel or a hypallergenic (soap-free) bar. Avoid hot water . Take baths in fresh water (15 minutes) or apply an ice bag (without direct contact with the skin). Wear gel soles to keep your feet in contact with a cold surface .
	Digestive effects: diarrhea, abdominal pains, nauseas, vomiting	Watch over your weight and remember to hydrate well (1,5/2 litres of water/ day). In case od diarrhea, favor food that is low in fibers (starchy food, carrots, bananas). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas/ vomiting, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. Rather drink between meals. Take the antiemetic medicines you have been prescribed, if necessary.
هُ	Decrease in white blood cells and inplatlets	Decrease in white blood cells : contact your doctor in case of a temperature >38°C, shivers, sweating, cough, short or painful breathing, urinary burns, diarrhea with fever, or any sign suggesting an infection. Decrease in platlets : contact your doctor in case of an outbreak of small red dots on your skin, bruises, nose bleeding, small eye or gum bleeding, blood in urine or motion.
	High blood pressure.	Head aches, dizziness, ear ringing are the first alarming signs of a high blood pressure. Take measures of your blood pressure (at rest, sitting, in the morning before breakfast and in the evening before going to bed; 3 successive measures at intervals of 2 minutes); note down these figures. Take regular and adapted physical exercise (30 minutes, 3 time a week). Limit your consumption of salt (maximum 6 gr/day) and alcohol. Keep a diet that is low in saturated fat (of animal origin) and high in fibers.
***	Risk of infection	Limit contact with people with an infection. Wash your hands regularly. Disinfect any injury carefully. Contact your doctor in case of a tempareture >38°C, cough, short or painful breathing, pain when urinating, smelly urine, change in the nature and frequency of motions (diarrhea, constipation), or in case of redness, pain, or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.
\$55 	Head aches, fatigue	Drink in sufficient quantity (1,5/2 litres / day) and favor healthy feeding, at regular hours. Limit having psychostimulants (coffee, tobacco, alcohol). Respect moments of rest during the day, while remaining active even moderately. Go to bed at a regular hour, avoid late bedding and late rising. Be prudent if you have to drive.
Only some of the most frequent side effects mentionned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice. You can also ask your question ask your question to center for side effects monitoring or notify any side effect on the following site: signalement-sante-gouv-fr		
In all cases, remember to make the biological tests prescribed by your doctor. WHAT TO DO IN CASE OF SIDE EFFECT(S)?		
 Take the medication prescribed for side effects in accordance with the dose<s.< li=""> Respect measures of prevention. </s.<>		
Promptly contact your doctor in case of : - Fast or irregular heart beats.		

- Any persisting or worsening side effect.

- Pain or pressure in the chest. - Swelling in arms, legs and feet - Yellowing of the skin or the eyes

Remarks: