



WHAT IS ONUREG® AZACITIDINE ?

- Cancer drug used in the treatment of some leukemias (blood cancers)
- Prescribed and renewed by your hospital doctor specialized in hematology
- Available in city pharmacies on presentation of your prescription.



Two presentations are available in the form of oval-shaped, layered tablets, dosed at :

- **200 mg** : pink, oval, layered tablets, bearing « ONU » on one side and « 200 » on the other.
- **300 mg** : brown, oval, layered tablets, bearing « ONU » on one side and « 300 » on the other.

This medicine contains lactose. In case of intolerance, contact your doctor.



- Store at a temperature not over 25°C, out of sight and reach of children.




- Do not get the tablets out of their blister to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets. In case of contact of the mucous membranes with the powder in the tablets, rinse abundantly with water.



- Do not throw away the opened packagings, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

| | | |
|--------|--|--|
| When ? |h..... | = 1 take a day at a fixed hour, during or away from a meal. |
| How ? |  | Swallow the tablets whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets. |

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, take the missed dose as soon as possible on the same day. Resume your treatment as usual the next day (without doubling the dose) at the same hour and at the usual dose. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with **your doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food, spices and plants, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the outcome of side effects









- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up to 6 months after the last take for women and up to 3 months after the last take for men**.
- Stop breast feeding during the treatment.

Male and female fertility may be affected during the treatment with azacitidine. You can be informed by your doctor about the possibility of sperm and egg storage before starting your treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH ONUREG® AZACITIDINE ?

Like all medicines, azacitidine may bring about side effects, although you may not experience any.

| Side effects | Prevention |
|---|---|
|  Digestive effects : constipation or diarrheas, abdominal pains, nauseas and vomiting, loss of appetite | Watch over your weight and remember to hydrate well (1,5 / 2 litres of water a day). In case of constipation , favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea , favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). In case of nauseas or vomiting , take the antiemetic medicines you have been prescribed systematically during the first two cycles, or even beyond if you present these symptoms. Make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nauseas. Avoid staying on an empty stomach as this may increase nauseas. Rather drink between meals. |
|  Decrease in white blood cells and platelets. Decrease in white blood cells | Contact your doctor in case of a temperature >38°C, shivers, cough, sweat, short or painful breathing, urinary burns, diarrhea with fever or any sign of infection. Decrease in platelets . Contact your doctor in case of an outcome of small red dots on the skin, bruises, nose bleeding, small eye or gum bleeding, blood in urine or motion. |
|  Pains in joints | Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick to relieve your joints. Avoid repetitive movements and strenuous physical effort. |
|  Unusual bleedings, bruises | Use a soft toothbrush ; avoid using a rectal thermometer. Do not take aspirin, nor anti-inflammatory (eg : ibuprofen), nor phytotherapy products (which may favor bleedings) without medical advice : ask for advice from a health care professional. In case of bruises, apply a cold object (ice-bag) , or also an adapted gel or cream (especially based on arnica) provided your skin has not been injured. |
|  Risk of infection | Limit contacts with people with an infection. Wash your hands regularly. Disinfect any injury carefully . Contact your doctor in case of a temperature >38°C, cough, short or painful breathing, pain when urinating or smelly urine, change in the nature or frequency of motions (diarrhea, constipation) or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter. |
|  Fatigue | Favor healthy feeding. Limit taking psychostimulants (coffee, tobacco, and alcohol). Be prudent if you have to drive. Respect moments of rest during the day, while remaining active even moderately. Go to bed at a regular hour and sleep long enough. |

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : signalement-sante-gouv.fr



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.

Useful contacts :

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns)
- Any persisting or worsening side effect.



Remarks :
