



WHAT IS CHLORAMINOPHENE® CHLORAMBUCIL ?

- Cancer drug used in the treatment of some blood cancers (leukaemia, lymphomas) or some kidney diseases (membranous nephropathy with idiopathic nephrotic syndrome)
- Prescribed and renewed by your hospital doctor specialized in hematology, nephrology or in blood diseases.
- Available in city pharmacies on presentation of your prescription.



- White, opaque capsule, dosed at **2 mg**.



- Store in a fridge (between 2°C and 8°C) , out of sight and reach of children.





- Do not get the capsules out of their blister to put them in a pill-box.



- Wash your hands carefully before and after each handling of the capsules.

- Do not throw away the opened packaging, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day at a fixed hour, on an empty stomach in the morning
How ?		Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor cut or crush or dissolve the capsules. 

You can help yourself with the **tracking book*** and a **calendar** to spot the takes.
Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription.

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food and plants, among which grapefruit, and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking, are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency.






- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment.
- Stop breast feeding during the treatment.

Male and female fertility may be affected during the treatment with chlorambucil.
Your doctor can inform you on the possibility of preserving gametes before starting the treatment.


*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH CHLORAMINOPHENE® CHLORAMBUCIL ?

Like all medicines, chlorambucil may bring about side effects although you may not experience any.

Side effects	Prevention
 Digestive effects : diarrheas, abdominal pains, nauseas, vomiting, loss of appetite	Remember to hydrate well (2 litres of water a day). Rather drink between meals. Watch over your weight. <i>In case of diarrhea</i> , favor food that is slow in fibers (starchy food, carrots, bananas...). Avoid some food which may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Add salt to your food. <i>In case of nausea/vomiting</i> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, and those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. <i>In case of vomiting</i> , take the antiemetic medicines you have been prescribed.
 Mouth inflammation	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you are treated with oxygenotherapy), and stimulate your saliva (ice-cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee and acid, salted, irritating, spicy and crunchy food. Make mouthwashing and take the painkillers you have been prescribed.
 Anemia, leukopenia, neutropenia, thrombopenia	<ul style="list-style-type: none">- <i>Anemia</i> : contact your doctor in case of paleness, short breath during effort, or even at rest, persisting fatigue, palpitations, dizziness and headaches.- <i>Leukopenia/neutropenia</i> : contact your doctor in case of a temperature >38°C, cough, shortness of breath, painful breathing, pain when urinating/ smelly urines, change in the nature and frequency of motions (diarrhea, constipation), or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.- <i>Thrombopenia</i> : contact your doctor in case of occurrence of small red dots on the skin, bruises, nose bleedings, small eye or gum hemorrhages, or blood in urine or motion.

Only some of the most frequent side effects are listed above. For further information refer to your packaging leaflet or ask your doctor or pharmacist for advice.

 You can also ask your question to your center for side effects monitoring or notify any side effect on the site : signalement-sante.gouv.fr



In all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns)
- Outbreak of black motions, nose bleeding and blood in spits
- Signs of anemia : shortness of breath, paleness, dizziness, unusual fatigue
- Any persisting or worsening side effects



Useful contacts:

Remarks :
