



## WHAT IS XALKORI® CRIZOTINIB ?

- A targeted therapy used :
  - In the treatment of some lung cancers; available in city pharmacies on presentation of your prescription
  - In the treatment of some lymphomas ; available in hospital pharmacies on presentation of your prescription
- Prescribed and renewed by your hospital doctor specialized in oncology and in medical cancerology



Capsules dosed at :

**200 mg** – white and pink, bearing « Pfizer » and « CRZ 200»

**250 mg** – opaque pink, bearing « Pfizer » and « CRZ 250 »



- Store at a temperature under 30°C, out of reach and sight of children.





- Do not get the capsules out of their packaging to put them in a pill-box.



- Wash your hands carefully before and after each handling of the capsules.

- Do not throw away the opened boxes, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

<b>When ?</b>	.....h..... and .....h.....	= 2 takes a day at a fixed time during or away from a meal
<b>How ?</b>		Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor dissolve the capsules. 

You can help yourself with the **tracking book** and a **calendar** to spot the takes.

Never stop or change the rhythm of administration of your treatment without your doctor's advice.

\*\* This file is not a prescription, please refer to your latest prescription.

## WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing in less than 6 hours**, take the missed dose. The next dose will be taken at the usual time . Please note it in your tracking book\*.
- **In case of missing in more than 6 hours**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book\*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food and plants, among which grapefruit, and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking, are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and have an impact on its efficiency.



- You and your partner must use efficient contraceptive methods ( condoms and one other means) during the whole treatment **and up to 90 days after the last take**.
- Stop breast feeding during the treatment.







Male and female fertility may be affected during the treatment with crizotinib.

You can be informed by your doctor about the possibility of preserving fertility before starting the treatment.


\*Tracking book available on sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH XALKORI® CRIZOTINIB ?

Like all medicines, crizotinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Heart throbs/ Palpitations	Diminish your consumption of stimulants (coffee, tea, alcohol, tobacco). Sleep long enough and at regular hours. Make relaxing exercises (sophrology, yoga, tai-chi). Measure your heart beats (blood pressure monitor, connected watch, or even manually) ; note down the figures. Contact your doctor in case of faintness, dizziness, difficulty to breathe or pain in the chest.
  Digestive effects : constipation, diarrhea, nauseas, vomiting, loss of appetite	Remember to hydrate well (2 litres a day) ; rather drink between meals. Watch over your weight. <b>In case of constipation</b> , favor food that is high in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. <b>In case of diarrhea</b> , favor food that is low in fibers (starchy foo cereals, carrots, bananas...). Avoid some food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Add salt to your food. <b>In case of nauseas/vomiting</b> , make several small light meals and eat slowly. Avoid greasy, fried and spicy food, and those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. <b>In case of vomiting</b> , take the antiemetic medicines you have been prescribed.
 Anemia, leucopenia, neutropenia	- <i>Anemia</i> : contact your doctor in case of paleness, shortness of breath during effort or even at rest, persisting fatigue, heart throbs, dizziness, headaches. - <i>Leucopenia/neutropenia</i> : contact your doctor in case of fever, smelly urines, change in the nature and frequency of motions (diarrhea, constipation), or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube, or the urinary tube.
 Sight troubles	Promptly contact your doctor in case of a decrease in sight or blurred vision.
 Swelling of the face and limbs	Keep eating low-salted food. Avoid wearing tight clothes. In case of swelling of the legs, raise your feet when sitting. Wear support stockings and put them on when getting up in the morning, on rested legs. Watch over your legs regularly. In case of such swelling, contact your doctor.

Only some of the most frequent side effects are listed above. For further information refer to your packaging leaflet or ask your doctor or pharmacist for advice.

 You can also ask your question to your center for side effects monitoring or notify any side effect on the site : [signalement-sante.gouv.fr](http://signalement-sante.gouv.fr)



In all cases, do not forget to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses
- Respect the measures of prevention

**Promptly contact your doctor in case of :**

- Troubles on sight
- Signs of infection (fever, cough, shivers, urinary burns)
- Fast and unexpected increase of weight
- Short breath, change in heart beats.
- Any persisting or worsening side effect.



**Useful contacts :**

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**Remarks :**

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