



## WHAT IS INLYTA® AXITINIB ?

- Targeted therapy used in the treatment of some types of kidney cancers.
- Prescribed and renewed by your hospital doctor specialized in oncology or cancerology.
- Available in city pharmacies on presentation of your prescription.


Four measurings are available in the form of tablets, dosed at :

- **1 mg** : oval tablet bearing « Pfizer » and « 1 XNB »
- **3 mg** : round tablet bearing « Pfizer » and « 3 XNB »
- **5 mg** : triangular tablet bearing « Pfizer » and « 5 XNB »
- **7 mg** : diamond tablet bearing « Pfizer » and « 7 XNB »



- Store at a temperature not over 30°C, out of sight and reach of children.
- Do not get the tablets out of their blister to put them in a pill-box
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened packaging, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

When ?	.....h ..... et .....h .....	= 2 takes a day, at a fixed hour during or away from meals
How ?		Swallow the tablets with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with **your tracking book\*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

\*\* This file is not a prescription ; please refer to your latest prescription..

## WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Remember to note in your tracking book\* .
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food, plants, among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.











- You and your partner must use efficient contraceptive methods (condoms and one other method) during the whole treatment and **up to 1 week after the last take**.
- Stop breast feeding during the treatment.


\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH INLYTA® AXITINIB ?

Like all medicines, Axitinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Swelling, burning sensations at hands and feet	Use a soap-free gel or hypoallergenic soap bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent ( cream or milk). Take fresh water baths (15 min.) or apply an ice bag (without direct contact with the skin). Wear gel sole shoes to keep your feet in contact with cold.
  Constipation, diarrhea, abdominal pains, nausea, vomiting	Remember to hydrate well ( 2litres of water a day ) ; rather drink between meals. Watch over your weight. <b>In case of constipation</b> , favor food that is rich in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. <b>In case of diarrhea</b> , favor food that is poor in fibers ( starchy food, carrots and bananas...) . Avoid food that may speed up your intestinal transit ( dairy, raw fruit and vegetables, cereals, fat food, spices) . Add salt to your food. <b>In case of nausea/ vomiting</b> , make several small light meals and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach, as this may increase nausea. In case of vomiting, use the antiemetic medicines you have been prescribed.
 Mouth inflammation	Use a soft toothbrush and a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you are treated with oxygenotherapy) and stimulate your saliva (ice cubes, sorbets). Favor blended food and liquid. Avoid alcohol, tobacco, coffee and acid, salted, irritating, spicy and crunchy food. Use the analgesic medicines and make the mouthwashing you have been prescribed.
 Pains in joints	Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick to relieve your joints. Avoid repetitive gestures and strenuous physical effort.
 Unusual bleedings, bruises	Use a soft toothbrush. Avoid using a rectal thermometer. Do not take aspirin , nor anti-inflammatory drugs (e.g. ibuprofen) , nor herbal medicines (which may favor bleedings) without medical advice ; ask advice from a health care professional. In case of bruises, apply a cold object (ice bag), or even a cream or adapted gel ( based on arnica for example) provided the skin has not been injured.
 High blood pressure	Headaches, dizziness, ear ringing are the first warning signs of a high blood pressure. Measure your pressure ( at rest, sitting, in the morning before breakfast and in the evening before going to bed ; 3 times in succession with 2 minutes' intervals) ; note these figures. Take regular and adapted exercise ( 3 times a week for 30 minutes). Limit your consumption of salt ( 6g/day max.) and alcohol. Observe a food diet that is poor in saturated fat (animal fat) and rich in fibers.

 Only some of the most frequent side effects are listed above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.  
You can also ask your question ask your question to [center for side effects monitoring](https://www.santepubliquefrance.fr/fr/signalement-sante-gouv-fr) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://www.santepubliquefrance.fr/fr/signalement-sante-gouv-fr)

 In all cases, remember to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.


Useful contacts :

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**Promptly contact your doctor** in case of :

- Signs of infection (fever, shivers, cough, difficulty to breathe)
- Any persisting or worsening side effect.



Remarks :

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