



WHAT IS BOSULIF® BOSUTINIB ?

- Targeted therapy used in the treatment of some chronic myeloid leukemias
- Prescription from a hospital specialist in hematology, cancerology or oncology
- Available in city pharmacies on presentation of your prescription.



Three presentations are available in the form of oval film-coated tablets, dosed at :

- **100 mg** : yellow, bearing « 100 » on one side and « Pfizer » on the other
- **400 mg** : orange, bearing « 400 » on one side and « Pfizer » on the other
- **500 mg** : red, bearing « 500 » on one side and « Pfizer » on the other.



• Store at a temperature not over 30°C, out of sight and reach of children.




• Do not get the tablets out of their blister to put them in a pill-box



• Wash your hands carefully before and after each handling of the tablets

• Do not throw away their opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

| | | |
|--------|--|--|
| When ? |h..... | = 1 take a day at a fixed hour, preferably in the morning, during a meal |
| How ? |  | Swallow the tablets whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets. |

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing in less than 12 hours**, take the missed dose. The next dose will be taken at the usual time. **In case of missing in more than 12 hours**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food, plants, among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.











- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment. **And up to 30 days after the last take.**
- Stop breast feeding during the treatment


Male fertility may be affected during the treatment with Bosutinib. Your doctor can inform you about the possibility of storing sperm before beginning the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDES EFFECTS MAY OCCUR WITH BOSULIF® BOSUTINIB ?

Like all medicines, bosutinib may bring about side effects, although you may not experience any.

| Side effects | Prevention |
|--|---|
|  Palpitations | Diminish your consumption of stimulants (coffee, tea, alcohol, tobacco). Sleep long enough and go to bed at regular hours. Take relaxation exercises (sophrology, yoga, tai-chi). Measure your heart beat rate (blood pressure monitor, connected watch, or even manually) ; note down the figures. Contact your doctor in case of faintness, dizziness, respiratory problems or pains in the chest. |
|  Itching | Apply cold pads on the affected zones (use alcohol-free lotions). Favor light and ample cotton clothes. Use a soap-free hypoallergenic gel or bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Trim your nails short (prefer a nail file to a nail-clipper) |
|   Digestive effects : diarrheas, abdominal pains, nauseas, vomiting, loss of appetite | Remember to hydrate well (2l of water a day) ; rather drink between meals. Watch over your weight. In case of diarrhea , favor food that is poor in fibers (starchy food, carrots, bananas...). Avoid some food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Add salt to your food. In case of nauseas/vomiting , make several small light meals and eat slowly. Avoid greasy, fried and spicy food, and those whose smell may trigger nauseas. Avoid staying on an empty stomach as this increases nauseas. In case of vomiting , use the antiemetic medicines you have been prescribed. |
|  Pains in the joints | Take regular and adpted physical exercise (walking, swimming). Help yourself with a stick in order to relieve your joints. Avoid repetitive gestures and strenuous physical effort. |
|  Pains in muscles | Remember to hydrate well before, during and after effort. Take regular and adapted physical exercise ; remember to warm up before. |
|  Fatigue and headaches | Favor healthy food, at regular times. Limit your use of psychostimulants such as coffee, tobacco and alcohol. Respect moments of rest during the day, while remaining active even moderately ; go to bed at regular time. Be prudent if you have to drive. |
|  Swelling of the face and limbs | Eat low-salted food. Avoid tight clothes. In case of swelling of limbs, raise your feet when sitting. Wear support stockings and put them on on getting up on rested legs. Watch over your weight regularly. |

 Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.
You can also ask your question ask your question to [center for side effects monitoring](https://www.centre-maladies-rare.fr/) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://signalement-sante.gouv.fr/)



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, cough,shivers, urinaru burns...)
- Fast and unexpected increase in weight.
- Cough, shortness of breath, pains in the chest, or respiratory difficulties.
- Any persisting or worsening side effect.



Useful contacts :

Remarks :
