



## WHAT IS SUTENT<sup>®</sup> SUNITINIB ?



- Targeted therapy used in the treatment of some gastrointestinal, kidney or pancreas cancers
- Prescribed and renewed by your hospital doctor specialized in oncology, cancerology or hematology.
- Available in city pharmacies on presentation of your prescription.

- Capsule dosed at **12,5mg** (orange) , **25 mg** (caramel and orange) or **50 mg** (caramel)
- *There exist generics in different measurings and colours.*



- Store at a temperature not over 30°C , out of sight and reach of children.
- Do not get the capsules out of their box to put them in a pill-box
- Wash your hands carefully before and after each handling of the capsules
- Do not throw away the opened boxes, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

When ?	.....h.....	<b>= 1 take a day at fixed hour during or away from a meal</b>
How ?		Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the capsules. 

In its instructions given for the treatment of **gastrointestinal** or **kidney** cancers, sunitinib is to be taken for **28 consecutive days** ( 4 weeks), followed by **14 days** (2 weeks) **without a take** (therapeutic rest).

**Then resume the cycle as mentioned in your prescription .**

You can help yourself with **your tracking book\*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

\*\* This file is not a prescription ; refer to your latest prescription..

## WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book\*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) **and/or other substances** (**food, plants, among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other-by-products that you are taking are compatible with your treatment. The molecules they contain, their measuring and consuming frequency may have an influence on your treatment and affect its efficiency.










- You and your partner must use efficient contraceptive methods (condoms and an other method) during the whole treatment.
- Stop breast feeding during the treatment.

Men and women fertility might be affected by the treatment with sunitinib.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY OCCUR WITH SUTENT® SUNITINIB ?

Like all medicines, sunitinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Swellings, burning sensations in hands and feet	Use a dermatological, soap-free gel. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Have fresh water bathing (15 minutes) or apply a cold bag or ice bag (no direct contact with the skin). Wear gel soles to keep your feet in contact with a cold source.
  Digestive effects : constipation or diarrhea, abdominal pains, nausea, vomiting, loss of appetite	Remember to hydrate well (2 litres of water a day) ; rather drink between meals. Watch over your weight. <b>In case of constipation</b> , favor food that is rich in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular exercise. <b>In case of diarrhea</b> , favor food that is poor in fibers ( starchy food, carrots, bananas..). Avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food and spices). Put salt in your food. <b>In case of nausea/vomiting</b> , make several small light meals and eat slowly. Avoid greasy, fried and spicy food, as well as those whose odour may cause nausea. In case of vomitings, use the antiemetic medicine you have been prescribed
 Mouth inflammation	Use a soft toothbrush, a menthol-free toothpaste without additive. Hydrate your lips (ask your pharmacist for advice, especially if you have oxygenotherapy treatment) and stimulate your production of saliva (ice-cubes, sorbets). Favor blended food and drinks. Avoid alcohol, tobacco, coffee and acid, salted, irritating, spicy or crunchy food. Use analgesic medicines and make mouth washing with sodium bicarbonate as prescribed.
 Unusual bleedings, bruises	Use a soft toothbrush. Avoid using a rectal thermometer. Do not take aspirin or anti-inflammatory (like ibuprofen), nor herbal products ( which may favor bleedings) without medical advice : ask for advice from a health care professional. In case of bruises, apply a cold object ( cold bag or ice bag), or cream or gel ( particularly arnica-based) if the skin has not been injured.
 High blood pressure	Headaches, dizziness, ear buzzing, are the first alarming signs of a high blood pressure. Measure your blood pressure ( at rest, sitting, in the morning before breakfast and before taking medicines, and in the evening before bed time ; make 3 successive measures at an interval of 1 or 2 minutes ). Take regular and adapted exercise (30 minutes, 3 times a week) . Limit your consumption of salt (maximum 6g/day) and alcohol. Eat food that is poor in saturated fat (animal fat) and rich in fruit and vegetables. Give up smoking.
 Fatigue, headaches	Favor healthy food taken at regular hours. Limit psychostimulants such as coffee, alcohol and tobacco. Respect moments of rest during the day while remaining active, even moderately ; go to bed at regular time. Be prudent if you have to drive.

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : [signalement-sante.gouv.fr](http://signalement-sante.gouv.fr)



In all cases, do not forget to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE(S) EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention

Useful contacts :

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Remarks :

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**Promptly contact your doctor** in case of :

- Signs of infection (fever, cough, urinary burns)
- Warm, painful or red arm or calf with shortness of breath.
- Outbreak of black motions
- Any persisting or worsening side effect.

