



WHAT IS GIOTRIF® AFATINIB ?

- Cancer drug used in the treatment of some types of lung cancers.
- Prescribed and renewed by your hospital doctor specialized in oncology.
- Available in city pharmacies on presentation of your prescription.


Four presentations are available, in boxes of 28 tablets :

- Round, white/yellowish tablet dosed at **20mg**, bearing « T20 »
- Round, dark bluet ablet dosed at **30mg**, bearing « T30 »
- Round, light bluet ablet dosed at **40mg**, bearing « T40 »
- Oval, dark bluet ablet dosed at **50mg**, bearing « T50 »



- Store at a temperature not over 30°C, out of sight and reach of children.
- Do not get the tablets out of their packaging to put them in a pill-box
- Wash your hands carefully before and after each handling of the tablets
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	ONE take a day at fixed hour, away from meals (do not eat anything at least 3h before and 1h after a take)
How ?		Swallow the tablets whole, with water, every day at the same moment of the day . Do not chew, nor cut, or crush or dissolve the tablets. If you can not swallow the tablet, you can disperse it in a glass of water, stir it with a spoon and drink it right away. Rinse the glass and drink it.

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing, and a next dose scheduled in an 8 hour's limit**, take the missed dose and resume the treatment as usual. Please note it in your tracking book*.
- **In case of missing, and a next dose scheduled within the 8 following hours**, do not take the missed dose. The following dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. Just take the dose as planned the next day. Please note any missing or vomiting in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are **compatible with your treatment**. The molecules that they contain, their measuring and frequency and consumption may have an influence on your treatment and condition its efficiency.












- You and your partner must use efficient contraceptive methods (condoms and another method) during the whole treatment and for at least 1 month after the last take.
- Stop breast feeding during the whole treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH GIOTRIF® AFATINIB ?

Like all medicines , afatinib may bring about side effects, although you may not experience any.

	Side effects	Prevention
	Skin eruptions, dryness, redness /pains at hands and feet	Use a mild, perfume-free soap and a hydrating agent (<i>cream or milk</i>). Avoid hot water. Dab your skin dry. Avoid exposure to the sun, and protect yourself if you have to (<i>protecting clothes, hat, sun cream >50</i>). Inform your doctor in case of skin trouble.
	Inflammation and infection around the nails	Avoid biting your nails. Wear gloves to do the housework . Choose large and comfortable shoes. Trim your nails carefully and regularly. In case of an outcome of redness and/or swelling around the nails, contact your doctor to set up a suitable treatment.
	Diarrheas, abdominal pains	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (<i>starchy food, carrots, bananas...</i>) . Avoid food that may speed up your intestinal transit (<i>coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...</i>). Rather drink between meals. Watch over your weight.
	Loss of appetite, taste trouble, nausea and vomiting	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals. Watch over your weight.
	Pains in muscles	Hydrate yourself frequently. Take moments of rest and light exercise (<i>walking</i>). Avoid repetitive gestures and strenuous physical effort. In case of important pains, contact your doctor to set up a symptomatic treatment.
	Signs of infection : fever, cough, shivers, urinary burns	Limit contacts with people with a contagious infection. Wash your hands frequently. Disinfect any wound carefully. If you have a fever over 38°C, inform your doctor.
	Mouth inflammation	Have a healthy oral hygien (<i>soft toothbrush, non-abrasive, menthol-free toothpaste</i>). See that you hydrate your lips (<i>ask your pharmacist for advice, especially if you have an oxygenotherapy treatment</i>), and that you stimulate your saliva (<i>ice-cubes, chewing-gums...</i>), and make mouthwashes with sodium bicarbonate 4/6 times a day. Favor fragmented feeding. Favor blended food and liquids. Avoid alcohol, coffee, tobacco, and food that may be irritating.
	Conjunctivitis, eye dryness	Avoid situations that may increase symptoms, such as a dry or smoky atmosphere, or long periods at computing. Wash your eyes in physiological solution. Use artificial tears or a gel several times a day. Avoid wearing lenses.
	Nose bleeding	During the whole bleeding, tilt your head forward and blow your nose until you have done with the blood clots. Press your nostrils slightly for 10 minutes. Some hemostatic products may be used to reduce the time of compression (<i>e.g. cotton pieces to be set in after 2 or 3 minutes of compression and left in for about 30 minutes</i>): <i>mèches à appliquer après 2 à 3 min de compression et à laisser en place 30 min</i> .

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : [signalement-sante-gouv-fr](#)



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS ?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Difficulty to breathe or unusual cough.
- Fever, important shivers.
- Blood in motions, vomiting or coughing
- Palpitations, uneasiness.
- Any persisting or worsening side effect.

Useful contacts:

Remarks :
