



WHAT IS TAGRISSO® OSIMERTINIB ?

- Cancer drug used in the treatment of some types of lung cancers
- Prescribed and renewed by your hospital doctor specialized in cancerology or in medical oncology
- Available in city pharmacies on presentation of your prescription



Two different forms are available :

- Round, beige tablets, dosed at **40 mg**, bearing « AZ 40 » on one side
- Oval, beige tablets, dosed at **80 mg**, bearing « AZ 80 » on one side.



- Store it at a temperature not over 25°C, out of sight and reach of children.
- Do not get the tablets out of the boxes to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?



Dose per day mg = tablet(s) at mg
When ?h..... = 1 take a day during or away from meals
How ?	Swallow the tablets with water, every day at the same moment of the day <i>can't swallow the tablet, you can mix it with 50 ml of plain water (non sparkling). Put the tablet into the water, without crushing it, stir until it gets dispersed into very small particles ; drink it right away then rinse the glass with plain water and drink it.</i> Do not chew, nor cut, crush or dissolve the tablet.

To be filled with the help of healthcare professional**

Informed by

Following prescription dated
...../...../.....



You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING?



- **In case of missing in less than 12 hours**, take the next dose and resume the treatment as usual. Please note it in your tracking book*.
- **In case of missing in more than 12 hours**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD





Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) **and/or other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.

- You and your partner must use efficient contraceptive methods (condoms and another method) during the whole treatment, **and up to 2 months after the last take for women, and up to 4 months after the last take for men.**
- Stop breast feeding during the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH TAGRISSO® OSIMERTINIB?

Like all medicines, Osimertinib may bring about side effects, although you may not experience any.

	Side effects	Prevention
	Redness of the skin, acne, itching, dryness of the skin	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid hot water. Dab your skin dry. Avoid exposure to the sun, and protect yourself if you have to (protecting clothes, hat, sun cream > 50...). Contact your doctor in case of skin trouble.
	Effects around the nails	Wash your hands carefully in soap and water ; dab your hands dry. Do not bite your nails. Limit manicuring products. In case of persistence or worsening of these symptoms, contact your doctor.
	Diarrheas	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...); Avoid food that may speed up your intestinal transit (coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...). Rather drink between meals. Watch your weight regularly.
	Inflammation of the mouth	Have a good oral hygiene (soft toothbrush, non-abrasive, menthol-free toothpaste). See that you hydrate well your lips (ask your pharmacist for advice, especially if you are undergoing oxygenotherapy), and keep up saliva stimulation (ice-cubes, chewing-gums), and have mouthwashes with sodium bicarbonate 4/6 times a day. Favor fragmented feeding. Favor blended food and liquids. Avoid alcohol, coffee, tobacco, and food that may be irritating.
	Nose bleedings	During the bleeding, tilt your head forward and blow your nose until dismissing the blood clots. Press your nostrils slightly for about 10 minutes. Some haemostatic products may be used to reduce this time of compression (e.g. cotton wool to be applied after 2 or 3 minutes of compression and left in for 30 minutes)

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Difficulty to breathe, cough, fever
- Palpitations
- Pain in the eyes, red eyes, sight trouble
- Any persisting or worsening side effect.



Useful contacts :

Remarks :
