



WHAT IS ALECENSA® ALECTINIB?

- Cancer drug used in the treatment of some types of lung cancers
- Prescribed and renewed by your hospital doctor specialized in oncology or cancerology
- Available in city pharmacies on presentation of your prescription.



Capsules dosed at **150 mg**, white, bearing « ALE » and « 150mg » written in black.



• Store it at a temperature not over 30°C, out of sight and reach of children.



• Do not get the capsules out of the bottle to put them in a pill-box



• Wash your hands carefully after each handling of the capsules

• Do not throw away the opened bottles or boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?



To be filled with the help
of healthcare
professional**



Informed by

.....
Following prescription
dated

...../...../.....

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

Dose per day mg ath..... and ath.....	= capsules
When ?	2 takes a day <u>during meals</u>	
How ?	 Swallow the capsules whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut, or crush or dissolve the capsules. 	

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing** in less than 6 hours : take the missed dose and resume the treatment in the usual way. In case of missing in more than 6 hours : do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose and do not double the next dose either. The next dose will be taken at the usual time. Please note it in your tracking book*.

INTERACTIONS AVEC D'AUTRES MÉDICAMENTS ET/OU VOTRE ALIMENTATION



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.









- You and your partner must use efficient contraceptive methods (condoms and another method) during the whole treatment, **and up to 3 months after the last take.**
- Please stop breast feeding during the whole treatment.

*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH ALECENSA® ALECTINIB?

Like all medicines, Alectinib may bring about side effects although you may not experience any.

	Side effects	Prevention
	Diarrheas	Remember to hydrate well : at least 2 litres of water a day. Favour food that is poor in fibers (starchy food, carrots, bananas...). Avoid some food that may speed up your intestinal transit (coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, fat food, spices...). Rather drink between meals. Watch your weight regularly.
	Nauseas, vomiting	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
	Constipation	Remember to hydrate well : at least 2 litres of water a day. Favour food that is rich in fibers (green vegetables, fruit and dried fruit) . Take regular exercise.
	Fatigue, weakness, short breath	Favour healthy food and remember to hydrate well. Respect moments of rest during the day while remaining active, even moderately. In case of important pains, contact your doctor to set up a symptomatic treatment. Be prudent if you have to drive.
	Skin eruption, photosensitive ss	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid hot water. Dab your skin dry. Avoid exposure to the sun and protect yourself if necessary (protecting clothes, hat, sun cream >50) . Contact your doctor in case of skin trouble.
	Oedemas, increase in weight	Avoid tight clothes. Keep having low-salted food. In case of swelling of the legs, raise your feet when sitting and wear support stockings. Watch your weight regularly.

Only some of the most frequent side effects are mentionned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CAS OF SIDE EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Resoect the measures of prevention.

Promptly contact your doctor in case of :

- Unexplained or persisting pains or weakness in muscles.
- Difficulty tp breathe or abnormal cough.
- Fainting, dizziness, low blood pressure.
- Yellow color of the skin or eyes, pain in the right side of the stomach, black urines, itchings.
- Any persisting or worsening side effect.



Useful contacts:

Remarks :
