

WHAT SIDE EFFECTS MAY OCCUR WITH STIVARGA® RÉGORAFÉNIB ?

Like all medicines, Régorafénib may bring side effects, even though you may not experience any.

	Side effects	Prevention
	Diarrheas, abdominal pains	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...) . Avoid some food that may speed up your intestinal transit (coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...). Rather drink between meals. Watch over your weight.
	Nauseas, vomitings, loss of appetite	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
	Hand-foot syndrome, skin trouble with pains	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid too hot water. Dab your skin dry. Avoid work that may be irritating for your hands, if possible, and band aids, standing too long and long walks. Wear suited shoes with fleece-lined soles. A visit at a chiropodist's may be suitable.
	High blood pressure	Make regular measuring of your blood pressure (at home or at your pharmacist's). Limit your consumption of alcohol and salt.
	Signs of infection : fever, shivers, cough, urinary burns	Limit contacts with people with a contagious infection. Wash your hands frequently. Disinfect any wound carefully. In case of a fever over 38°C, inform your doctor.

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Liver trouble (yellowing of the skin and eyes)
- Signs of infection (fever, shivers, severe cough, urinary burns)
- Severe stomach or intestine trouble
- Skin trouble (redness, pains, swelling)
- High blood pressure
- Signs of anaemia (paleness, unusual fatigue)
- Any persisting or worsening side effect



Useful contacts:

Remarks :
