



WHAT IS ZYTIGA® ACÉTATE D'ABIRATÉRONNE?

- Cancer drug used in the treatment of some types of prostate cancers.
- Prescribed and renewed by your hospital doctor specialized in oncology ; possible renewal by your family doctor.
- Available in city pharmacies on presentation of your prescription.

Capsules **dosed at 500 mg**, purple, oval, bearing « AA » on one side and « 500 » on the other.



• Contains lactose and salt.



• Store it at a temperature not over 25°C, out of sight and reach of children.

• Do not get the capsules out of the blisters to put them in a pill-box.



• Wash your hands carefully before and after each handling of the capsules and blisters. To diminish the risk of exposure, it is necessary to wear disposable chemotherapy gloves.

• Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?




To be filled with the help
of healthcare**

Informed by

with

...../...../.....

Dose per day mg	= capsule(s)
Quand ?h.....	ONE take a day, away from a meal (one hour before a meal or two hours after) associated with prednisone or prednisolone.	
Comment ?	 Swallow the capsules whole, with water, successively, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the capsules.		

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



• **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Remember to note it in your tracking book*.



• **In case of vomiting**, do not take a new dose and do not double the following take. The next dose will be taken at the usual hour. Remember to note it in your tracking book.

INTERACTIONS WITH OTHERS MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances** (food, plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.





- You and your partner must use an efficient contraceptive method during the whole treatment and until 3 months after the last take.

The fertility of men may be affected during the treatment with *acétate d'abiratéronne*. Your doctor can inform you on the possibility to store your sperm before starting the treatment.


*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr


WHAT SIDE EFFECTS MAY OCCUR WITH ZYTIGA® ACÉTATE D'ABIRATÉRONE ?

Like all medicines, acétate d'abiratérone may infer side effects, although you may not experience any.

Side effects	Prevention
 Diarrheas	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (<i>starchy food, carrots, bananas...</i>). Avoid some food that may speed up your intestinal transit (<i>coffee, frozen drinks, dairy, alcohol raw fruit and vegetables, cereals, fat food, spices...</i>). Rather drink between meals. Watch your weight regularly.
 Skin eruption	Use a soft , perfume-free soap, and a hydrating agent (<i>cream or milk</i>). Avoid hot water. Dab your skin dry. Avoid exposure to the sun (<i>protecting clothes, hat, sun screen >50</i>). Inform your doctor in case of skin trouble.
Urinary burns or unclear urine	Drink, if possible a lot of water (2 litres a day, water low in mineral content) . In case of signs of infection (<i>fever, shivers, cough</i>) contact your doctor.
 High blood pressure, heart complications	Measure your blood pressure regularly (at home or at your pharmacist's. Take exercise, check your weight. Limit your consumption of salt and alcohol.
 Swelling of limbs	Avoid tight clothes. Eat low-salted food. In case of swelling of legs, raise your feet when sitting and wear support socks or stockings. Watch your weight regularly.

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.

 You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr

 In all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Useful Contacts :

Remarks :

Promptly contact your doctor in case of :

- Weakness in muscles, or muscular contractions.
- Strong heart eats (palpitations), pain in the chest
- Shortness of breath ;
- Unexpected weight increase
- Any persisting or worsening side effects.

