Tucatinib TUKYSA®

Patient tool V1, july 2021



WHAT IS TUKYSA® TUCATINIB ?

- Cancer drug used in the treatment of some types of breast cancers.
- Prescribed and renewed by your hospital doctor specialized in cancerology and oncology.
- Available in hospital pharmacies on presentation of your prescription.



- Tablets dosed at 50 mg and 150 mg :
- 50 mg : round, yellow, layered tablets bearing « TUC » on one side and « 50 » on the other side.
- 150 mg : oval, yellow, layered tablets bearing « TUC » on one side and « 150 » on the other side.
- Store it at a temperature not over 30°C, out of sight and reach of children.
- Do not get the tablets out of the box to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes, please bring them back to your pharmacist .

HOW TO TAKE THIS MEDICINE?

To be filled with the help of healthcare** Informed by	Dose	mg ath tablets at 50 mg and tablets at 150 mg mg ath tablets at 50 mg and tablets at 150 mg =
 with //	How ?	Swallow the tablets whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut, crush or disssolve the tablets.

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?

- In case of missing, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book *
- In case of vomiting, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) **and/or other substances (food, plants, among which grapefruit and St John's** Wort, probiotics, essential oils, food supplements...) that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.

- You and your partner must use efficient contraceptive methods (condoms and other method) during the whole treatment, and up to 1 week after the last take.
- Stop breast feeding during the treatment and up to 1 week after the last take.

*Tracking book available on sites <u>www.omeditbretagne.fr</u> or <u>www.omedit-paysdelaloire.fr</u>



WHAT SIDE EFFECTS MAY OCCUR WITH TUKYSA® TUCATINIB ?

Like all medicines, tucatinib may cause side effects, although you may not experience any.

	Side effects	Prevention		
.	Nauseas, vomiting	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.		
the second	Diarrheas	Do not forget to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers. (<i>starchy food, carrots, bananas</i>). Avoid some food that may speed up the intestinal transit (<i>coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices</i>). Watch your weight regularly.		
	Mouth inflammation	Have a good oral hygien (<i>soft toothbrush, non-abrasive, menthol-free toothpaste</i>). See that you have a good hydration of your lips (<i>ask your pharmacist for advice, especially if you are treated with oxygenotherapy</i>), and make mouth washing with sodium bicarbobate 4 to 6 times/day. Favor fragmented feeding. Favor blended food and liquids. Avoid alcohol, coffee, tobacco and irritating food.		
	Skin eruption	Use a mild, perfume-free soap and a hydrating agent (<i>cream or milk</i>). Avoid hot water. Dab your skin dry. Avoid exposure to the sun (<i>protecting clothes, hat, sun cream >50</i>). Contact your doctor in case of skin trouble.		
- A	Pains at joints	Remember to hydrate frequently. Take moments of rest and light exercise (walking). Avoid repetitive movements and strenuous physical effort. In case of important pains, contact your doctor to set up a symptomatic treatment.		
•	Nose bleedings	During the whole bleeding, tilt your nose forward and blow your nose until draining the blood clots. Press your nostrils slightly for about 10 minutes. Some haemostatic products can be used to reduce the time of compression (e.g. cotton wool to be applied after 2 or 3 minutes of compressing, and left in for about 30 minutes).		
Only	Only some of the most frequent side offects are mentioned above. For further information, refer to your packaging or ask your			

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You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : <u>signalement-sante.gouv.fr</u>

In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

Take the medication prescribed for side effects in accordance with the doses.
Respect measures of prevention.
Promptly contact your doctor in case of :

Pain in the upper, right hand side of the belly.
Itching, eyes and skin getting yellow, dark urines.
Fast and unexpected loss of weight .
Any persisting and worsening side effect.

Useful contacts:

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