Larotrectinib VITRAKVI[®] capsules

Patient tool V1, june 2021



WHAT IS VITRAKVI® LAROTRECTINIB ?

- Cancer drug used in the treatment of some types of limp tissues cancers (sarcoma)
- Prescribed and renewed by your hospital doctor specialized in oncology or cancerology.
- Available in city pharmacies on presentation of your prescription.



White capsules bearing the BAYER cross and « XX mg » engraved. \rightarrow 2 measurings are available : 25 mg and 100 mg, in bottles of 56 capsules.

- Store it at a temperature not over 30°C, out of sight and reach of children.
- Do not get the capsules out of the bottle to put them in a pill-box.
 - Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

| To be filled with the help | Dose | mg ath and = mg per day |
|---|-------|--|
| of healthcare** Informed by with / | | 2 takes per day, morning and evening, at fixed hour during or away from meals. |
| | How ? | Swallow the capsule(s) whole, with water, successively, every day at the same moment of the day. Do not chew, nor |
| | | open, crush or dissolve the capsules. |

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- In case of missing, do not take the missed dose, nor any double dose. Please note it in your tracking book*.
- In case of vomiting, do not take a new dose and do not double the following dose. The next dose will be taken at the usual hour. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND / OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) **and/or other substances (food, plants, among which grapefruit and St John's** Wort, probiotics, essential oils, food supplements...) that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.



- You and your partner must use efficient contraceptive methods (condoms and other method) during the whole treatment, and up to 1 month after the last take.
- Stop breast feeding during the treatment and up to 3 days after the last take.

*Tracking book available on sites <u>www.omeditbretagne.fr</u> or <u>www.omedit-paysdelaloire.fr</u>



WHAT SIDE EFFECTS MAY OCCUR VITRAKVI® LAROTRECTINIB?

Like all medicines, Larotrectinib may cause side effects, even though you may not experience any.

| | Side effects | Prevention |
|------------|---|---|
| SSS III | Fatigue, dizziness | Favor healthy food and do not forget to hydrate well . Respect moments of rest during the day, while remaining active, even moderately. Be prudent if you have to drive. |
| ~ . | Nauseas, vomiting, alteration in taste | Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals. |
| | Constipation | Do not forget to hydrate well : at least 2 litres of water a day. Favor food that is rich in fibers (<i>green vegetables, fruit and dried fruit</i>) . Take regular exercise. |
| Tr. | Pains and weakness in muscles | Hydrate frequently. Take moments of rest and regular exercise (<i>walking</i>). Avoid repetitive gestures and strenuous physical effort. In case of important pains, contact your doctor in order to set up a symptomatic treatment. |
| | Swarming, loss of sensitiveness, numbness, pains in the hands and feet | Protect yourself from cold and wash your hands in hot water. Avoid wearing tight shoes. Massage your hands and feet with a hydrating cream. Eat and drink at ambient temperature. |
| | | |

Only some of the most frequent side effects are mentionned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.

You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : <u>signalement-sante.gouv.fr</u>

n all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect the measures of prevention.

Promptly contact your doctor in case of :

- Dizziness, swarming, pins and needles, numbness
- Repeated vomiting.
- Persisting constipation
- Pain and weakness in muscles .
- Signs of anaemia (paleness, abnormal fatigue...)
- Signs of infection (fever, cough, shivers...)
- Any persisting or worsening side effect.

Useful contacts:

Remarks :