



WHAT IS CASODEX® BICALUTAMIDE?

- An antihormonal drug used in the treatment of some cancers of prostate
- Prescribed and renewed by your doctor specialized in cancerology or by your family doctor.
- Available in city pharmacies on presentation of your prescription.



Round layered tablets, white, dosed at **50 mg** and bearing « B50 » (Accord) , « BC 50 » (Pierre Fabre), « BCM 50 » (Isomed), « ZY57 » (Zydus), « Cdx 50 » on one side or « 93/220 » on each side (Teva). **Different forms of generics also exist.**



- Store it at a temperature not over 30°C, out of sight and reach of children.
- Do not get the tablets out of the box to put them in a pill-box
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes, please bring them back to your pharmacist.


HOW TO TAKE THIS MEDICINE?



To be filled with a health care professional**

Informed by

.....
Following prescription dated
...../...../.....

Dose per day mg	= tablet(s)
When?h.....	ONE take a day at fixed hour during or away from meals	
How ?		Swallow the tablets whole, with water, in succession, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve.	

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription , please refer to your latest prescription..

HOW TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose and do not double the next one. Resume the treatment at the usual time and dose at the following take. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. Just take the next dose as planned the following day. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor or pharmacist** that the medicines (with or without prescription) and/or other substances (food and plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) that you are taking are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or on the outcome of side effects.










You and your partner must use an efficient contraceptive method during the whole treatment, and for at least 130 days after your last dose.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH CASODEX® BICALUTAMIDE ?

Like all medicines, bicalutamide may bring about side effects, but you may not experience any.

Side effects	Prevention
 Hot flush	Avoid triggering food such as caffeine, alcohol and chocolate, hot and spicy food, stress. Drink regularly.
 Digestive effects : constipation or diarrheas, abdominal pains, flatulence, nausea, loss of appetite	Do not forget to hydrate well : at least 2 litres of water a day. Rather drink between meals. Watch your weight regularly. In case of constipation , favor food that is rich in fibers (<i>green vegetables, fruit and dried fruit...</i>) and take regular exercise. In case of diarrheas , favor food that is poor in fibers (<i>starchy food, carrots, bananas...</i>). Avoid some food (<i>coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, spices...</i>). In case of nausea and vomiting , eat slowly and make several small light meals.
 Fatigue, dizziness	Favor healthy food and do not forget to hydrate well. Respect moments of rest during the day while remaining active, even moderately. Be prudent if you have to drive. In case of important pains, contact your doctor so as to set up a symptomatic treatment.
 Skin eruption	Use a soft, perfume-free soap and a hydrating agent (<i>cream or milk</i>). Avoid hot water. Dab your skin dry. Avoid exposure to the sun and protect yourself (<i>clothes, hat, solar cream ≥50</i>)
 Swelling of limbs (oedemas)	Avoid tight clothes. Keep eating low-salted food. In case of swelling of the legs, raise your feet when sitting and wear support socks. Watch your weight regularly.
 Hair loss	This alopecia is reversible as the treatment stops. Use a wide comb and a soft hairbrush. Use a mild shampoo, rinse your hair in tepid water, and let it dry in the open air or at low temperature.. Avoid blow-drying, hair setting, perms and dyeing...
 Swelling of breasts, pain in the chest	This effect is caused by the lower concentration in testosterone. If these sensations make you uncomfortable, tell your doctor.

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Difficulty to breathe or abnormal cough.
- Itching, abdominal pains or dark urines.
- Fast and unexpected weight increase.
- Any persisting or worsening side effect.



Useful contacts:

Remarks :
