








WHAT IS BELSUTINE® LOMUSTINE ?

- Cancer drug used in the treatment of some brain tumours, bronchial cancers, lymphomas, melanomas, and also in the treatment of myelomas.
- Prescribed and renewed by your hospital doctor specialized in oncology, hematology and cancerology.
- Available in hospital pharmacy on presentation of your prescription.



Blue capsules dosed at 40 mg


-  • Store at a temperature not over 25°C, out of sight and reach of children.
-  • Do not get the capsules out of their box to put them in a pill-box.
-  • Wear disposable gloves when handling the capsules.
-  • Wash your hands carefully before and after each handling of the capsules.
-  • Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?


To be filled with the help
of healthcare**

Informed by


.....
with
...../...../.....

Dose per day mg	=capsules
When ?h.....	ONE single take, every 6 weeks, preferably at bed time, or 3 hours after the meal.	
How ?		Swallow the capsules whole, with water, successively. Do not open, nor chew, cut or crush the capsules.	

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.


** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?

 **In case of missing on the planned day**, take them at the usual hour on the following day. A 6 weeks' delay will have to be respected while moving forward the following take by one day. Do not forget to note it in your tracking book.

In case of vomiting, do not take a new dose. Wait for the next dose while respecting the 6 weeks' delay. Do not forget to note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

 Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.







➔ You and your partner must use efficient contraceptive methods (condom or other method) during the whole treatment and up to 6 months after the end of the treatment.


*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH BELSUTINE® LOMUSTINE ?

Like all medicines, this drug may infer side effects, but you may not experience any.

Side effects	Prevention
 Unusual bleedings	Use a soft toothbrush to avoid mouth bleedings. Avoid using a rectal thermometer. Do not take aspirin, nor anti inflammatory medicine (e.g ibuprofen) without medical advice. In case of nose bleeding, tilt your head forward while slightly pressing on your nostrils.
 Nauseas et vomiting	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food . Rather drink between meals.
 Signs of infection : fever, shivers, cough, sore throat, urinary burns	Limit contact with people with a contagious infection, if possible. Wash your hands frequently. If you have a fever over 38°C, tell your doctor.
 Mouth inflammation	Have a good oral hygien (<i>soft tooth brush, non-abrasive, menthol-free tooth paste</i>). Do not forget to hydrate your lips (<i>ask your pharmacist for advice, especially if you are under oxygenotherapy</i>), and maintain salivating stimulation (<i>ice cubes, chewing gum</i>), make mouth wash with sodium bicarbonate 4/6 times a day. Favor fragmented feeding and blended liquid and food. Avoid alcohol, coffee, tobacco, and irritating food.

Only some of the most frequent side effects are mentionned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.

 You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, do not forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects, in accordance with the doses.
- Inform your doctor at the first persisting signs.
- Respect measures of prevention.

Promptly contact your doctor in case of :

- Signs of infection (fever, shivers, cough...)
- Outbreak of black motions, nose bleedings, or blood-stained spitting.
- Disorientation or unusual gestures
- Abnormal shortness of breath, cough, hard breathing
- Any persisting or worsening side effect.



Useful contacts:

Remarks :
