



WHAT IS LENVIMA® LENVATINIB ?

- Cancer drug used in the treatment of some types of **thyroid cancers** (advanced or metastatic).
- Prescribed and renewed by your doctor specialized in oncology.
- Available in city pharmacies on presentation of your prescription.



Capsules, two existing presentations according to measuring :

- **4 mg** : orange-red body and cap + “€” mentioned on the cap and “LENV 4 mg” on the body

- **10 mg** : yellow body and orange cap + “€” mentioned on the cap and “LENV 10 mg” on the body



- Store at a temperature not over 25°C and out of sight and reach of children.
- Do not get the capsules out of their packaging to put them in a pill-box.
- Wash your hands carefully, before and after each handling of the capsules
- Do not throw away the opened boxes. Please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?


To be filled up with the help of a healthcare professional**

Filled up with

Regarding the prescription of the
... / ... / ...



| | | | | |
|---|--|-----|------------------------|---|
| Dose per day | mg | = + | capsules of 10mg | In one take a day at a fixed time |
| When? | ath..... | | capsules of 4mg | Morning or evening, during or away from meals |
|  | Swallow the capsules: either whole with water or dissolved ① put the capsules in a soup spoon with liquid (water, apple juice) ② wait 10 minutes ③ stir for at least 3 minutes, time for the capsule covering to dissolve ④ drink ⑤ after drinking, add the same quantity of water, stir and drink. In all cases, do not open nor chew, cut or crush the capsules  | | | |

You can help yourself with a **tracking book** * or a **calendar** to spot the takes.

Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription. Refer to your latest prescription.

WHAT TO DO IN CASE OF MISSING OR VOMITING?

-  **If you miss a take in less than 12 hours**, take the missed dose immediately and resume your treatment as usual.
-  **If you miss a take in more than 12 hours**, do not take the missed dose, nor a double dose to make up for the missed dose. Just take the next dose as planned the following day. Don't forget to note it in your tracking book.
- **In case of vomiting**, do not take a new dose. Just take the next dose as planned the following day. Don't forget to note it in your tracking book *.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

Check with your **doctor or pharmacist** that the medicines (with or without prescription) and / or other substances (food, plants, probiotics, essential oils, food supplements ...) that you are taking are compatible with your treatment. Some interactions may affect the efficiency of your treatment or the outcome of side effects.










➔ You and your partner must use efficient contraceptive methods during the whole treatment and at least 1 month after stopping. If you use a hormonal contraception, add a barrier method (condom, cervical cap).

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH LENVIMA® LENVATINIB ?

Like all medicines, this drug may bring about side effects, even though you may not experience any.

| | Side effects | Prevention |
|---|--|--|
|  | Diarrheas, abdominal pains | Don't forget to drink regularly : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...) void food that may increase intestinal transit (coffee, frozen drinks, dairies, alcohol, raw fruit and vegetables, cereals, fat, spices...). |
|  | Nauseas, vomiting, Loss of appetite | Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals. |
|  | Fatigue | Favor a healthy food and sufficient hydration. Respect moments of rest during the day but try to remain active, even moderately. Be prudent if you have to drive. |
|  | Skin trouble : pickling, swelling redness or even pain in the palms and soles | Use a soft, soap-free agent, and a hydrating agent. Avoid hot water. Avoid exposure to the sun, and protect yourself if you have to (clothes, total sunblock cream...). Do not wear tight clothes. If possible, avoid irritating works for the hands, bandaids, standing up, and long walks. A visit at your chiroprapist's may be useful. |
|  | Unusual bleedings | In case of mouth bleedings, favor a soft toothbrush. Avoid some medicines (aspirin, ibuprofen...). In case of important bleedings, contact your doctor. |
|  | Headaches, pains at muscles and joints | Have frequent moments of rest. Take light exercise, avoid repetitive movements and strenuous physical effort. In case of extensive pains, contact your doctor to set up a symptomatic treatment. |
|  | Heart symptoms : high blood pressure, irregular heartbeats | Regular watch over your heart (electrocardiogram, analyses for mineral salts (potassium, calcium, magnesium...) and your blood pressure (self-measuring at home). Limit your consumption of salt and alcohol. Tell your doctor as soon as these signs occur. |



Only some of the most frequent side effects are mentioned above. For more information, refer to your medicine packaging leaflet, or ask your doctor or pharmacist for advice.
You can also ask your question to your [regional center for side effects monitoring](#) or notify any side effects on [the signalement-sante.gouv.fr site](#).



In all cases, don't forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects, in accordance with the doses.
- Inform your doctor at the first persisting signs.
- Respect measures of prevention.

Useful contacts:

Remarks :

Contact your doctor immediatly if :

- intense headaches, dizziness, convulsions, confusion, speech trouble, vision changes
- pain or oppression in the chest, in the arms, shortness of breath, irregular heartbeats.
- intense pain in the belly
- black, dark or bloody motions, bloody cough
- any persisting or worsening side effect.

