Altrétamine HEXASTAT®

WHAT IS HEXASTAT® ALTRÉTAMINE ?

- Cancer drug used in the treatment of some forms of ovary or lung cancer.
- Prescribed and renewed by your doctor specialized in oncology.
- Available in hospital pharmacy on presentation of your prescription.

Purple capsules dosed at 100mg.

- Store it at a temperature below 25°C, out of sight and reach of children.
- Do not take the capsules out of their packaging to store them in a pill-box.
- Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes. Please bring them back to your pharmacist.

HOX TO TAKE THIS MEDICINE?

	Dose per day	mg in 2 or 3 takes in the day (according to prescription),
To be filled up by a heakth professional**		gélules àh
Filled up by	=	gélules àh At fixed hours, after meals
Following the prescription dated: / /		for days, every 4 weeks
	C T	Swallow the capsules whole, with water. Do not chew, nor cut, open, crush or dissolve the capsules.

You can help yourself with your tracking book or a calendar in order to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice. ** This file is not a prescription. Refer to your latest prescription.

WHAT TO DO IN CASE OF MISSING A TAKE OR VOMITING



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If you miss a take, do not take a double dose to make for it, nor another dose in case of vomiting. Just take the next dose as planned the following day*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor or pharmacist** that the medicines (with or without prescription) and / or other substances (food, plants, probiotics, essential oils, food supplement...) that you are taking are compatible with your treatment. Some interactions may have an effect on the efficiency of your treatment, or the outcome of side effects.



You and your partner must use efficient contraceptive methods (condoms or other methods) during the whole treatment.

*Tracking book available on the websites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

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WHAT SIDE EFFECTS MAY OCCUR WITH HEXASTAT® ALTRÉTAMINE?

Like all medicines, this drug may bring about some side effects, although you may not experience any.

	Effets indésirables	Prévention
***	Signs of infection : fever, cough, shivers, sore throat, urinary burns	Limit contacts with people with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor. In case of a fever over 38°C, call your doctor.
	Unusual bleedings	In case of mouth bleeding, favor a soft toothbrush. Some medicinesshould be avoided (for example aspirin, or non- steroidian anti- inflamatory like ibuprofen). In case of important bleedings, contact your doctor.
	Nauseas, vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
NA N	Fatigue, confusion, sleep trouble, hallucination, nervouness	Favor healthy food and sufficient hydration. Respect moments of rest during the day, but try to remain active, even moderately (walking). Be prudent if you have to drive.



Only the most frequent side effects are mentionned above. To know more, refer to the notice about your medicine, or ask your doctor or phamacist for advice.

You can also ask your questions to your regional center for side effects monitoring, or notify any side effect on the following site : signalement-santé.gouv.fr

In all cases, don't forget to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects, in accordance with the doses.
- Inform your doctor at the first persisting signs.
- Respect the measures of prevention.

Useful o	contacts:
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Remarks:

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers...)
- Black motions, nose bleeding or blood-stained spits
- Itchings, redness, patches on the skin
- Any persisting or worsening side effects.

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