# **VOTRIENT<sup>®</sup>** pazopanib

## PRESCRIPTION AND DISPENSING



This drug is prescribed and renewed by your **hospital doctor specialized in cancerology**, **hematology or in medical oncology**.

It is available only in city pharmacies.



On leaving your home, do not forget to take your prescriptions along. For a better monitoring, have your pharmaceutical file activated by your pharmacist.



Do not throw away your opened boxes nor the remaining tablets into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and tablets at the next renewal.

### PRESENTATIONS AND STORAGE



Tablet of 200mg, layered, pink, capsule-shaped, box of 30 Tablet of 400mg, layered, white, capsule-shaped, box of 30 or 60

Store this drug at a temperature below 25°C. Keep it out of sight and reach of children.

### INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The usual dose is: **800mg once a day**.

The doses can be fitted according to tolerance by successive levels of 200mg.

The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.



VOTRIENT<sup>®</sup> tablets are to be swallowed whole, without food, with a glass of water in one take, one hour before or two hours after a meal, and every day at the same hour.



Do not crush, nor cut or crunch the tablets.

Grapefruit (juice, pulp) should be avoided during your treatment with VOTRIENT<sup>®</sup>.



MEDICINAL INTERACTIONS

This drug can interact with other medicines, plants or herbal teas. For example, avoid taking St John's Wort (Hypericum perforatum) in all its forms (capsule, resin, herbal tea, drops...). Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take. If in doubt, ask your pharmacist for advice.



Avoid medicines used to treat heartburns (anti-acid and anti-secretory). If in need, ask your pharmacist to advise you for the respective hours of take of VOTRIENT<sup>®</sup> and of the medicine prescribed for heartburns.

#### Do not worry at reading these effects, you may not experience any.

| SIDE EFFECTS   | PREVENTION                               | BEHAVIOUR                               |
|----------------|--|---|
| Headaches,     | Keep a regular watch over your heart     |   |
| palpitations,  | (electrocardiogram, analyses for mineral | Tell your doctor as soon as these signs |
| dizziness, ear | salts : potassium, calcium, magnesium)   | appear.                                 |
| buzzing        | and over your blood pressure.            |   |

| SIDE EFFECTS   | PREVENTION  | BEHAVIOUR  |
|--|---|--|
| Diarrhea   | Avoid coffee, frozen drinks, milk, raw<br>fruit and vegetables, cereals, wholemeal<br>bread and alcohol.<br>Watch over mineral salts by analyses.   | Follow the medical prescription for diarrhea.<br>If possible, drink 2 litres a day (water, tea,<br>herbal tea, soup, sodas) and favor starchy<br>food (rice, pasta) cooked carrots and<br>bananas. Tell your doctor at the first<br>persisting signs (over 3 diarrheas a day). |
| Nauseas and<br>vomitings   | Eat slowly and make several small light<br>meals. Avoid greasy, fried and spicy<br>food. Rather drink between meals.  | Take the prescibed nausea and vomiting<br>medication in accordance with the doses.<br>Tell your doctor at the first persisting signs<br>(from 2 vomits a day).   |
| Skin trouble,<br>dryness,<br>depigmentation  | Favor a mild, alcohol-free soap, and use<br>a hydrating cream. Avoid exposure to<br>the sun.  | Inform your doctor, some medical<br>treatment may relieve you.   |
| Loss of appetite   | Make several small snacks in the day<br>(food that you like), eat slowly and drink<br>a lot.  | Favor highly calorific food : add butter, oil,<br>f resh cream, grated cheese, honey Ask a<br>dietician for advice. In case of a loss of<br>weight, inform your doctor.  |
| Fatigue  | It is normal to be tired during<br>treatment. See that you lead a healthy<br>life (eat and drink soundly). Respect<br>moments of rest during the day, but try<br>to remain active, even moderately. | Listen to your body.<br>Be prudent if you have to drive vehicles. In<br>case of an unusual, persisting fatigue,<br>inform your doctor. Make biological<br>checkups of the thyroid.   |
| Inflammation of<br>the mouth   | Avoid acid, spicy and irritating food. Use<br>a soft toothbrush, a mild (menthol-free)<br>toothpaste, and an alcohol-free<br>mouthwash.   | In case of an occurence of diffuse pains or<br>burns in the mouth, contact your doctor.  |
| Signs of infection<br>: fever, shivers,<br>cough, sore<br>throat, urinary<br>burns | your hands frequently. Disinfect any<br>wound carefully. Make the blood tests<br>prescribed by your doctor.   | In case of a fever over 38°C, tell your<br>doctor who will prescribe you some<br>antibiotics.  |

A change in the hair colour and / or a hair loss, an alteration of taste and cardiac symptoms may occur during treatment; do not hesitate to tell your doctor about it.

Should you feel any unmentionned effects, do not hesitate to tell your prescriber, doctor or pharmacist about it.

#### A FEW ADVICE



<u>change in the heartbeat</u>
bleedings in the digestive system

Promptly contact your doctor in case of :

- signs of infection (fever, cough, shivers...)



Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.

If you have forgotten to take your VOTRIENT<sup>®</sup> tablets, do not take the missed dose. The next dose will be taken at the normal hour, the following day. Please note it in your tracking book.

Avoid prolonged exposure to the sun, and protect yourself if you have to do it.

**REMARKS** :

Greetings : - to Group VOCC B PL : Observatoire dédié au Cancer B PL, OncoBretagne and ONCO Pays de la Loire, clinicians, pharmacists and nurses from voluntary facilities B PL, councils of the order B PL, regionales directorates of the medical service B PL, OMEDITS B PL, Cancéropôle Grand Ouest, patient committee and URPS B PL

- to ICO Angers/Nantes