



## WHAT IS TYVERB® LAPATINIB ?

- A cancer drug used in the treatment of some types of breast cancer ( advanced or metastatic).
- Prescribed and renewed by your hospital doctor specialized in cancerology.
- Available in city pharmacies on presentation of your prescription.



Tablets of 250mg, biconvex, oval and yellow, engraved "GS XJG" on one side.  
Bottles of 70, 84 or 140 tablets.



- Store it at a temperature not above 30°C, out of sight and reach of children.
- Do not get the tablets out of the bottle to put them in a pill box
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened bottles, please bring them back to your pharmacist.


## HOW TO TAKE THIS MEDICINE ?



To be filled with a health expert \*\*

Informed by

.....  
According to prescription date  
...../...../.....

Dose per day	..... mg	=	..... tablets
When ?	....h...		<b>1 take a day at a fixed hour away from meals (at least one hour before or at least 1 hour after a meal)</b> In case of association with XELODA® capecitabine, take TYVERB® lapatinib preferably 1 hour before the meal, and XELODA®, within 30 minutes after the meal.
How ?			Swallow the tablets whole, with water, one after the other, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve.

You can help yourself with **your tracking book\*** and a **calendar** to spot the takes:  
Never stop nor change the rhythm of administration of your treatment without your doctor's advice.  
\*\* This form is not a prescription, please refer to your latest prescription.

## WHAT TO DO IN CASE OF MISSING OR VOMITING?



If you have forgotten a take, do not take the missed dose, nor a double dose.  
In case of vomiting, do not take another dose. Simply take the next dose as planned, the following day.  
Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FEEDING

Check with your **doctor and your pharmacist** that the medicines (prescribed or not) and/or other substances (food, plants, probiotics, essential oils, food supplements...) that you are consuming are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or on the occurrence of side effects.



Do not take **St John's Wort**, avoid taking **grapefruit (juice, pulp)**, as well as some **medicines used to treat heartburns** without medical advice.




Avoid taking TYVERB® during pregnancy and feeding.



Use an efficient contraceptive method during your treatment and for at least 5 days after the last dose.

## WHAT SIDE EFFECTS MAY OCCUR WITH TYVERB® LAPATINIB ?

Do not worry at reading these effects, you may not experience any.

Side effects	Prévention
Nauseas , vomitings, loss of appetite	Eat slowly and split your feeding into several light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
Diarrheas	See that you consume liquids : at least 2 litres of water a day. Favor food that is low in fibers (starchy food, carrots, bananas...) Avoid some food (coffee, frozen drinks, dairies, alcohol, raw fruit and vegetables, cereals, fat, spices...).
Inflammation of the mouth	Respect a strict oral hygien : use a soft toothbrush, menthol-free and non-abrasive toothpaste, hydration of the lips (fat lubricant), stimulation of the saliva (ice-cubes, chewing-gums), mouthwash 4 to 6 times a day with sodium bicarbonate. Favor a fragmented feeding, drink liquid with a straw or mixed, slightly warm or ambient, even cold or frozen. Avoid alcohol, coffee, tobacco, and some food (acid, spicy, irritating, fried and / or salted, hard, crunchy, hot ...).
Skin eruptions; dryness; picklings, swelling, rednes or even pain in the palms and soles	Use a soft cleaner, soap-free, and a hydrating agent. Avoid hot water.  Avoid exposure to the sun and protect yourself if you have to do it. Do not wear tight clothes. If possible, avoid work that is irritating for your hands, bandaids, the standing position and long walks. A visit at the chiroprapist's may be useful.
Fatigue	Favor healthy food and sufficient hydration. Respect moments of rest during the day, but try to remain active, even moderately. Be prudent if you have to drive.



Only the most frequent side effects are listed above. To know more, refer to the instructions about your medicine or ask your doctor or pharmacist for advice.

## WHAT DO YOU DO IN CASE OF OCCURRENCE OF SIDE EFFECTS?

- Take the medication prescribed for the side effects in accordance with the doses.
- Inform your doctor at the first persisting signs.
- Respect the prevention measures.

Useful contacts:

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Remarks :

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**Promptly contact your doctor** in case of :

- difficulty to breathe, cough, shortness of breath
- skin eruption (rash, eruption with itching), swelling of the eyelids, lips or tongue.
- Muscular or articular pains.
- Swelling, redness and pain in the palms and soles.
- Any persisting or worsening side effect.



\*Trackin book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

For more information, see the package leaflet for your medication.

You have the possibility to report any undesirable effects on the site: [signalement-sante.gouv.fr](http://signalement-sante.gouv.fr)