

TEMOZOLOMIDE (Temodal® et génériques)

PRESCRIPTION AND DISPENSING

This drug is prescribed and renewed by your **hospital doctor, specialized in cancerology**.



It is available **only in hospital pharmacies**.



Do not throw the packaging nor the remaining capsules into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and capsules at the next renewal.

PRESENTATIONS AND STORAGE

Small bottles of 5 capsules, or boxes of 5 packets containing each one capsule dosed at 5 mg, 20 mg, 100 mg, 140 mg, 180 mg or 250 mg.



Store this drug at a **temperature below 25°C**.
Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The administration is usually done :

- either continuously every day (including week-ends and public holidays) for 42 days along with radiotherapy. The capsules are to be swallowed **1 hour before the radiotherapy session**.
- either by periods of 5 consecutive days followed by 23 days without a take:
 - from day 1 to day 5 : take a capsule
 - from day 6 to day 28 : do not take Temozolomide
 - **Then start again like on the first day.**



The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.



TEMODAL® capsules are to be swallowed with a full glass of water, on an empty stomach, at least 1 hour away from a meal.



Do not open nor chew the capsules.

INTERACTIONS


This drug can interact with other medicines, plants or herbal teas.







Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take.

If in doubt, ask your pharmacist for advice.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Nauseas and vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day)
Unusual bleedings	In case of mouth bleedings, favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are to be avoided (aspirin, ibuprofen...).	Tell your doctor. In case of nose bleeding, tilt your head forward while pressing slightly on your nostrils.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Signs of infection: fever, shivers, cough, sore throat, urinary burns	Limit contacts with persons with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	In case of a fever over 38°C, tell your doctor.
Constipation	Drink water regularly. Take some light exercise.	Drink 2 litres a day, if possible. Favor food that is rich in fibers: green vegetables, fruit and dried fruit. In case of an unusual, prolonged constipation, contact your doctor.
Fatigue	It is normal to be tired during treatment. See that you lead a healthy life (eat and drink soundly). Respect moments of rest during the day, but try to remain active even moderately.	Listen to your body. Avoid driving a vehicle. In case of an unusual, persisting fatigue, inform your doctor.
<p>A hair loss can occur, do not hesitate to tell your doctor about it.</p> <p> Should you feel any unmentioned effects, do not hesitate to tell your prescriber, doctor or pharmacist about it.</p> <p>Do not worry at reading these effects, you may not experience any.</p>		

A FEW ADVICE	
   	<p>Promptly contact your doctor in case of :</p> <ul style="list-style-type: none"> - <u>signs of infection</u> (fever, cough, shivers...) - Outbreak of <u>black motions</u>, <u>nose bleedings</u>, and <u>spits containing blood</u> - <u>Skin eruption</u>, especially in case of blisters on the skin - <u>Difficulties to breathe</u>, <u>shortness of breath</u>, and <u>cough</u>. <p>Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.</p> <p>If you have forgotten to take your Temozolomide capsules, do not take the missed dose. The next dose will be taken at the normal hour, the following day. Please note it in your tracking book.</p> <p>In case of vomitings, do not take an additional dose, and do not double the following take.</p>
<p>REMARKS :</p>	