

TAGRISSO® osimertinib

PRESCRIPTION AND DISPENSING



This drug is prescribed and renewed by your **hospital doctor specialized in cancerology, or in medical oncology**. It is available in **city pharmacies**.



On leaving your home, don't forget to take your prescriptions along. For a better monitoring, have your pharmaceutical file activated by your pharmacist.



Your pharmacist can help you in taking your treatment(s).

Do not throw away your opened boxes and remaining tablets into your trash. Please bring them back to your pharmacist.

PRESENTATIONS AND STORAGE

Two presentations are available in boxes of 30 layered tablets :



Round and beige tablets dosed at 40mg, bearing the inscription "AZ40" on one side



Oval and beige tablets dosed at 80mg, bearing the inscription "AZ80" on one side



Store this drug at **ambient temperature**, protected from light and moisture.

Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE



The dose is strictly personal and may be changed during treatment by your specialist doctor.

The usual dose is : **80mg/day**. TAGRISSO® (osimertinib) tablets are to be swallowed with a glass of water **in one take, preferably every day at the same hour**, during or away from a meal. The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.



Do not crush, nor cut or crunch the tablets.

If you have difficulties to swallow the tablets, you can mix the medicine with 50ml of plain water, put the tablet into the water, without crushing it, stir until it is dissolved into very little particles, drink the liquid then rinse the glass with another 50ml of water and drink it.

MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas. For example, it is definitely advised against taking **St John's Wort** (*Hypericum perforatum*) in all its forms (capsules, resin, herbal tea, drops).



Tell your doctor what **medicines, plants or herbal teas (with or without prescriptions)** you are taking or wish to take.



In case of a treatment against heartburns, respect the recommended waiting periods. Ask your pharmacist for advice.

Do not worry at reading these effects, you may not experience any.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Diarrhea	If this is a frequent effect: avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol. Keep a watch over mineral salts by analyses.	Follow the medical prescription for diarrhea. If possible drink 2 litres a day (water, tea, herbal tea, soup, sodas permitted while being careful about the risk of interaction). Favor starchy food (rice, pasta), cooked carrots and bananas. Tell your doctor at the first persisting signs (over 3 diarrheas a day).
Difficulty to breathe, cough	Limit contacts with persons with a contagious infection.	Contact your doctor if these signs occur.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Redness of the skin, acne, itchings, dryness	Favor a mild soap and a hydrating agent. Avoid prolonged exposure to the sun and use a total sunblock cream.	In case of annoying and persisting symptoms, tell your doctor. Some medical treatment may relieve you.
Modification of the blood situation	A blood checkup must be done regularly and the results transmitted to your doctor.	If in doubt, take your temperature. In case of signs of infection (fever, cough) or unusual bleedings, tell your doctor. Make the blood tests prescribed by your doctor.
Inflammation and redness of the edge of nails	Avoid biting your nails. Limit prolonged contact with water. Avoid or limit manucure products. Avoid manual work without wearing gloves.	Make a careful washing of your nails with soap and water, insisting on the edge of the nails and avoiding to rub too hard. See that the edge is well dried. In case of annoying and persisting symptoms, tell your doctor. Some medical treatment may relieve you.
Inflammation of the mouth	Avoid acid, spicy and irritating food. Use a soft toothbrush, a mild, menthol-free toothpaste, and an alcohol-free mouthwash.	In case of an outbreak of diffuse pain or burns in your mouth, contact your doctor.
Pains at extremities, cardiac symptoms	Keep a regular watch over your heart (electrocardiogram, analyses for mineral salts: potassium, calcium, magnesium) and over your blood pressure.	Tell your doctor if these signs occur.
Eye affections	Regular surveyance.	Tell your doctor in case of inflammation of the eyes, watering, sensitiveness to light, blurred vision, pain in the eyes and /or red eyes.



Should you feel any **unmentionned effects**, do not hesitate to tell your prescriber, doctor or pharmacist.

A FEW ADVICE

Promptly contact your doctor in case of :



- Difficulties to breathe, cough, fever
- Palpitations
- Eye affections



Never stop treatment or change the rhythm of administration without the advice pf the prescribing doctor.

If you have forgotten a take in less than 12 hours : take the forgotten dose immediately and then follow your treatment as usual.



If you have forgotten a take in more than 12 hours : do not take the missed dose. The next dose will be taken at the usual hour, the following day. Please note it in your tracking book.



Avoid prolonged exposure to the sun, and protect yourself if you have to do it.



It is advised against taking TAGRISSO® during pregnancy and feeding. Use an efficient contraceptive method during the whole treatment and after stopping (for at least 2 months for women and 4 months for men).

REMARKS :

For complete information, refer to the Summary of Product Characteristics of 07/09/2018.

Greetings : - to Group VOCC B PL : Observatoire dédié au Cancer B PL, OncoBretagne and ONCO Pays de la Loire, clinicians, pharmacists and nurses from voluntary facilities B PL, councils of the order B PL, regionales directorates of the medical service B PL, OMEDITs B PL, Cancéropôle Grand Ouest, patient committee and URPS B PL
- to ICO R Gauducheau Nantes and CH Lannion