

# NEXAVAR® sorafénib

## PRESCRIPTION AND DISPENSING



This drug is prescribed and renewed by your **hospital doctor, specialized in cancerology, medical oncology or in hematology** (site ANSM 08/06/2015).  
 It is available in **city pharmacies**.



On leaving your home, don't forget to take your prescriptions. For a better follow-up, have your pharmaceutical file activated by your pharmacist.



**Do not throw away your opened boxes nor your remaining tablets into your trash.** Please bring them back to your pharmacist.

**Your pharmacist can help you in taking your treatment.** Please bring him back your unused boxes and tablets at the next renewal.

## PRESENTATIONS AND STORAGE



Box of 112 tablets in 4 thermally moulded blisters of 28 tablets.  
 Round, layered tablets dosed at 200mg, bearing the Bayer cross engraved on one side and "200" on the other side.



Store this drug at a **temperature below 25°C**, in its original packaging.  
**Keep it out of sight and reach of children.**

## INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor.  
 The usual dose is : **2 tablets in the morning and 2 tablets in the evening**, that is 4 tablets a day.

**The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.**

NEXAVAR® tablets are to be swallowed **whole, at the same hour if possible, with a glass of water, away from meals**, or with a meal that is low in grease (butter, oil, fresh cream...)

Try to keep a period of 12 hours between the morning's take and the evening's (each take can be delayed by 1 or 2 hours at times).



Do not crush, nor cut or crunch the tablets.

## INTERACTIONS



This drug can interact with other medicines, plants or herbal teas. For example, avoid taking **St John's Wort (*Hypericum perforatum*)** in all its forms (capsules, resin, herbal tea, drops).



**Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take.**

If in doubt, ask your pharmacist for advice.



Avoid medicines used to treat heartburns. If needed, these medicines must be taken away from NEXAVAR®. Ask your pharmacist for advice.

**Do not worry at reading these effects, you may not experience any.**

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Diarrhea	If this is a frequent effect: avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol. Keep a watch over mineral salts through analyses.	Follow the medical prescription for diarrhea. Drink 2 litres a day (water, tea, herbal tea, soup, sodas), and favor starchy food (rice, pasta), cooked carrots and bananas. Tell your doctor at the first persisting signs (over 3 diarrheas a day).

SIDE EFFECTS	PREVENTION	BEHAVIOUR
<b>Nauseas and vomitings</b>	Eat slowly and make several small light meals during the day. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day).
<b>Picklings, swelling, redness and even pain in the palms and soles</b>	Limit exposure to the sun and hot water. Do not wear clothes and shoes that are too tight. If possible avoid work that is irritating for the hands, and do not use band-aids. Rather use a soft soap without perfume. Avoid standing and prolonged walks. A visit at the chiropodist's might be useful before and after treatment.	This is a hand-foot syndrome. Dip your hands and feet into fresh water, then dry them without rubbing. Apply hydrating creams over the affected parts. See your doctor.
<b>Headaches, palpitations, ear buzzing</b>	Measure your blood pressure regularly. Take some exercise, check your weight. Limit your consumption of salt and alcohol.	Contact your doctor if these signs occur. You will be prescribed an anti-hypertensive treatment if needed.
<b>Pains at extrimities, cardiac symptoms</b>	Keep a regular watch over your heart (electrocardiogram, analyses for mineral salts: potassium, calcium, magnesium) and over your blood pressure.	Tell your doctor as soon as these signs occur.
<b>Signs of infection: fever, shivers, cough, sore throat, urinary burns</b>	Limit contacts with persons with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	If you have a fever above 38°C, tell your doctor who may prescribe antibiotics.
<b>Unusual bleedings</b>	In case of mouth bleedings, favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are to be avoided (aspirin, ibuprofen...).	Tell your doctor. In case of nose bleeding, tilt your head forward while pressing slightly on your nostrils.
<b>Fatigue</b>	It is normal to be tired during treatment. See that you lead a healthy life (eat and drink soundly). Respect moments of rest during the day, but try to remain active even moderately.	Listen to your body. Be prudent if you have to drive vehicles. In case of an unusual, persisting fatigue, inform your doctor.

**A hair loss** may occur during treatment; do not hesitate to tell your doctor about it.

 Should you feel any **unmentioned effects**, do not hesitate to tell your prescriber, doctor or pharmacist about it.

### A FEW ADVICE

**Promptly contact your doctor** in case of :



- signs of infection (fever, shivers, cough...)
- occurrence of black motions, nose bleedings, and important spits containing blood
- swellings, redness and pains in the palms and soles
- Shortness of breath, oedemas of limbs and pain in the chest.



**Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.**



**If you have forgotten to take a dose of NEXAVAR®, do not take the missed dose.**

The next dose will be taken at the usual hour. Please note it in your tracking book.

**Inform your doctor right away if you have taken more than the prescribe dose.**



**Avoid prolonged exposure to the sun, and protect yourself if you have to do it.**

REMARKS :