

NATULAN® procarbazine

PRESCRIPTION AND DISPENSING



This drug is prescribed and renewed by your **hospital doctor specialized in cancerology**. It is available in **city pharmacies**.



On leaving your home, don't forget to take your prescriptions along and have your pharmaceutical file activated by your pharmacist.



Do not throw away the opened boxes nor the remaining capsules into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and capsules at the next renewal.

PRESENTATIONS AND STORAGE



Small bottles of 50 yellow capsules dosed at 50mg.



Store this drug at a **temperature below 25°C**
Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. **The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.**



NATULAN® capsules are to be swallowed **whole, with a full glass of water.**



Do not open nor chew the capsules.



Avoid alcohol during treatment.

INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.



Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take.


If in doubt, ask your pharmacist for advice.

Ne soyez pas inquiet à la lecture de ces effets, il est possible que vous n'en éprouviez aucun.

| SIDE EFFECTS | PREVENTION | BEHAVIOUR |
|--|--|---|
| Unusual bleedings | In case of mouth bleedings, favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are to be avoided (aspirin, ibuprofen...). | Tell your doctor. In case of nose bleedings, tilt your head forward while pressing your nostrils slightly. |
| Signs of infection: fever, shivers, cough, sore throat, urinary burns | Limit contacts with persons with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor. | In case of a fever over 38°C, tell your doctor. |

| SIDE EFFECTS | PREVENTION | BEHAVIOUR |
|----------------------------------|--|---|
| Inflammation of the mouth | Avoid acid, spicy and irritating food. Rather use a soft toothbrush, a mild (menthol-free) toothpaste, and an alcohol-free mouthwash. | In case of diffuse pains or burns in the mouth, contact your doctor. |
| Nauseas and vomitings | Eat slowly and make several little light meals. Avoid greasy, fried and spicy food. Rather drink between meals. | Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day). |
| Diarrhea | If this is a frequent effect, avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol. | Follow the medical prescription for diarrhea. If possible, drink 2 litres a day (water, tea, herbal tea, soup, sodas) and favor starchy food (rice, pasta) cooked carrots and bananas. Tell your doctor at the first persisting signs (over 3 diarrheas a day). |
| Constipation | Drink water regularly. Take some light exercise.. | Drink 2 litres a day if possible. Favor food that is rich in fibers: green vegetables, fruit and dried fruit. In case of an unusual lasting constipation, contact your doctor. |
| Fatigue | It is normal to be tired during treatment. See that you lead a healthy life (eat and drink soundly). Respect moments of rest during the day, but try to remain active even moderately. | Listen to your body. Be prudent if you have to drive vehicles. In case of an unusual persisting fatigue, inform your doctor. |

A hair loss can occur, do not hesitate to tell your doctor about it.

 Should you feel any **unmentioned effects**, do not hesitate to tell your prescriber, doctor or pharmacist about it.

A FEW ADVICE

Promptly contact your doctor in case of :



- signs of infection (fever, shivers, cough ...)
- outbreak of black motions, nose bleedings, and spits containing blood
- important skin eruptions (blisters on the skin)
- difficulties to breathe, short breath, cough
- confusion, dizziness, restlessness



Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.



If you have forgotten to take your NATULAN® capsules, do not take the missed dose. The next dose will be taken at the usual hour the next day. Please note it in your tracking book.

REMARKS :