

LONSURF® (Trifluridine/Tipiracil)

PRESCRIPTION AND DISPENSING

This drug is prescribed and renewed by your **hospital doctor specialized in cancerology**.



It is available in **city pharmacies**.



On leaving your home, don't forget to take your prescriptions along, and have your pharmaceutical file activated by your pharmacist.



Do not throw away your opened boxes nor the remaining tablets into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and tablets at the next renewal.

PRESENTATIONS AND STORAGE



Boxes of 20 tablets dosed at 15mg/6.14mg (495€)
Or 60 tablets dosed at 15mg/6.14mg (1485€)



Boxes of 20 tablets dosed at 20mg/8.19mg (660€)
Or 60 tablets dosed at 20mg/8.19mg (1980€)



Store this drug at a **temperature below 25°C**, protected from light and moisture.
Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The administration is usually done in two takes, morning and evening :

- from day 1 to day 5 : take your tablets
- on day 6 and day 7 : **do not take LONSURF**
- from day 8 to day 12 : take your tablets
- from day 13 to day 28 : **do not take LONSURF**
- Then start again like the first day



The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.



LONSURF® tablets are to be swallowed with a **full glass of water**, within the hour following breakfast and dinner. Try to respect a 12 hours'interval between each take (the take may be put back 1 hour or 2).



Do not crush nor cut or chew the tablets.

MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.

Do not hesitate to tell your doctor what plants, teas or herbal teas (with or without prescriptions) you are taking or wish to take.




If in doubt, ask your pharmacist for advice.

Do not worry at reading these effects, you may not experience any.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Nauseas and vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food if possible. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day).
Signs of infection : cough, fever, shivers, sore throat, urinary burns	Limit contacts with persons with an infectious disease, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	In case of a fever over 38°C, tell your doctor who will prescribe you some antibiotics.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Inflammation of the mouth	Avoid acid, spicy and irritating food. Rather use a soft toothbrush, a mild toothpaste (menthol-free) and an alcohol-free mouthwash.	In case of an outbreak of diffuse pains or burns in your mouth, contact your doctor.
Diarrhea	If this a frequent effect : avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol.	Follow the medical prescription for diarrhea. If possible, drink 2 litres a day (water, tea, herbal tea, soup, sodas) and favor starchy food (rice, pasta), cooked carrots and bananas. Call your doctor at the first persisting signs (over 3 diarrheas a day).
Loss of appetite	Make several light snacks during the day (food that you like). Eat slowly. Drink a lot.	Favor highly calorific food : add butter, oil, fresh cream, grated cheese, honey... Ask a dietician for advice. In case of a loss of weight, tell your doctor about it.
Fatigue	It is normal to be tired during treatment. See that you have a healthy life (eat and drink soundly) . Respect moments of rest during the day, but try to remain active even moderately.	Listen to your body. Be prudent if you have to drive a vehicle. In case of an unusual, persisting fatigue, inform your doctor.
Picklings, swelling, redness and even pain in the palms and soles	Avoid the sun and too hot water. Do not wear clothes and shoes that are too tight. If possible, avoid works that are irritating for the hands , and avoid using bandaids. Rather use a mild soap, without perfume. Avoid the standing position and long walks. A chiropodist's visit could be useful before and after treatment.	This a hand-foot syndrome. Dip your hands and feet into fresh water, then dry them without rubbing. Apply hydrating creams on the affected parts: consult your doctor.

If you have trouble with your liver and kidneys, it is necessary to tell your doctor before the take.

 Should you feel any **unmentioned effects**, do not hesitate to tell your prescriber, doctor or pharmacist about it.

A FEW ADVICE



Promptly contact your doctor in case of :

- aphtas and associated diarrheas
- infectious signs (fever, shivers, cough...)
- difficulty to breathe, shortness of breath, cough.



Never stop treatment or change the rhythm of administration without the prescriber's advice.

If you have forgotten to take your LONSURF® tablets, do not take the missed dose. The next dose will be taken at the usual hour, the following day. Please note it in your tracking book.



If you think you have accidentally taken more than the prescribed dose, contact your doctor right away.

In case of vomitings, do not take an additional dose and do not double the next dose.



Avoid taking LONSURF® during pregnancy and feeding. If you are a woman, you must use an efficient contraceptive method and if you are a man, you must take the necessary precautions.



This drug contains lactose. In case of intolerance, (flatulence, cramps or abdominal pains, diarrhea or constipation, trouble of concentration), contact your doctor.

REMARKS :