

# KISQALI® ribociclib

## PRESCRIPTION AND DISPENSING

This drug is prescribed and renewed by your **hospital doctor specialized in medical oncology or in cancerology**.



It is available in **city pharmacies**.



**Do not throw away the opened boxes nor the remaining tablets into your trash.** Please bring them back to your pharmacist.

**Your pharmacist can help you in taking your treatment.** Please bring him back your unused boxes and capsules at the next renewal.

## PRESENTATIONS AND STORAGE



Three presentations are available in the form of boxes of 21, 42 or 63 layered tablets dosed at 200mg.

These tablets are purple, lightly greyish and bevelled, bearing the inscription "RIC" on one side and "NVR" on the other.



Store this drug at a **temperature below 25°C**.  
**Keep it out of sight and reach of children.**

## INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The usual dose is: **600mg/day(3 tablets) for 21 days**, followed by a period of **7 days without treatment**.

KISQALI® can be associated with letrozole or an other inhibitor of aromatase which must be taken once a day orally during the whole cycle of 28 days.

**The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.**



KISQALI® tablets are to be swallowed whole **with a full glass of water in one take a day**, with or without food. **Try to take them every day at the same hour, preferably in the morning.**



Do not cut nor chew or crush the tablets.



You can help yourself with a calendar :

- from day 1 to day 21 : take KISQALI®
- then from day 22 to day 28 : do not take KISQALI®

**Then start again like the first day.**



**Grapefruit** (juice, pulp) should be avoided during your treatment with KISQALI®.

## MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.


For example, avoid taking **St John's Wort** (*Hypericum perforatum* ) in all its forms (capsule, resin, herbal tea, drops...).



**Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take.** If in doubt, ask your pharmacist for advice..

**Do not worry at reading these effects, you may not experience any.**

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Change in the blood statement	A blood checkup must be done regularly and the results transmitted to your doctor.	If in doubt, take your temperature. In case of signs of infection (fever, cough), or unusual bleedings, tell your doctor. Make the prescribed blood tests.
Change in the liver statement	A checkup will be done before treatment.	Your doctor will regularly control the rate of some liver enzymes so as to check if the liver functions well.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
<b>Signs of infection</b> : fever, shivers, cough, sore throat, urinary infection	Limit contacts with persons with a contagious infection if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	In case of a fever over 38°C, tell your doctor who may prescribe you some antibiotics.
<b>Fatigue</b>	It is normal to be tired during treatment. See that you lead a healthy life (eat and drink soundly). Respect moments of rest during the day but try to remain active even moderately.	Listen to your body. Be prudent if you have to drive vehicles. In case of an unusual, persisting fatigue, inform your doctor.
<b>Nausea and vomiting</b>	Eat slowly and make several small light meals during the day. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day).
<b>Diarrheas</b>	If this is a frequent effect: avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol. Surveillance of mineral salts.	Follow the medical prescription for diarrhea. If possible drink 2 litres a day (water, tea, herbal tea, soup, sodas) and favor starchy food (rice, pasta), cooked carrots and bananas. Tell your doctor at the first persisting signs (over 3 diarrheas a day).
<b>Mouth inflammation</b>	Avoid acid, spicy and irritating food. Use a soft toothbrush, a mild, menthol-free toothpaste and an alcohol-free mouthwash.	In case of diffuse pains or burns in the mouth, contact your doctor.
<b>Skin eruption</b>	Favor a mild, alcohol-free soap and a hydrating cream. Avoid exposure to the sun.	Inform your doctor, some medical treatment may relieve you.
<b>Loss of appetite</b>	Make several little snacks in the day (food that you like), eat slowly and drink a lot.	Favor highly calorific food : add butter, oil, fresh cream, grated cheese, honey... Ask a dietician for advice.
<b>Unusual bleedings</b>	In case of mouth bleedings, favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are advised against (aspirin, ibuprofen...).	Tell your doctor. In case of nose bleeding, tilt your head forward while pressing your nostrils lightly.
<b>Pains at extremities, cardiac symptoms</b>	Have a regular watch over your heart (electrocardiogram, analysis for mineral salts: potassium, calcium, magnesium) and over your blood pressure.	Tell your doctor as soon as these signs occur.
An alteration of taste, an affection of the eyes, abdominal pains, stress in the chest, backaches, headaches, insomnia may occur. A hair loss may happen during treatment; do not hesitate to tell your doctor about it.		
 Should you feel any unmentioned effects, do not hesitate to tell your doctor about it.		

#### A FEW ADVICE



**Promptly call your doctor** in case of :

- shortness of breath , dizziness
- fever, shivers, weakness or bleedings
- cardiac symptoms.



**Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.**



**If you have forgotten to take your KISQALI® tablets**, do not take the missed dose. The next dose will be taken at the normal hour, the following day. Please note it in your tracking book.



KISQALI® contains soya and groundnut. Contact your doctor in case of intolerance (flatulence, cramps or abdominal pains, diarrhea or constipation, trouble of concentration)

REMARKS :