

INLYTA® axitinib

PRESCRIPTION AND DISPENSING

This drug is prescribed and renewed by your **hospital doctor specialist in cancerology or in medical oncology**.



It is available in **city pharmacies**.



On leaving your home, do not forget to take your prescriptions along, and have your pharmaceutical file activated by your pharmacist.





Do not throw away the opened boxes nor the remaining tablets into your trash. Please bring them back to your pharmacist.

Your pharmacist can help you in taking your treatment. Please bring him back your unused boxes and tablets at the next renewal.

PRESENTATIONS AND STORAGE

INLYTA® comes in the form of thermally moulded packages of 56 layered tablets of 4 doses :

 red oval tablet dosed at 1mg	round and red tablet dosed at 3mg with "Pfizer" printed on one side and "3XNB" on the other side.	 red, triangular tablet dosed at 5mg	red, diamond-shaped tablet dosed at 7mg , with "Pfizer" printed on one side and "7XNB" on the other side
--	--	--	---



Store this drug at a **temperature below 25°C**.
Keep it out of sight and reach of children.

INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. **The initial dose is 5mg twice a day. The proper monitoring of the instructions for use is necessary for the efficiency of the treatment.**



INLYTA® tablets are to be swallowed whole **with a full glass of water in two takes a day** during or away from meals, at an interval of 12 hours. **Try to take them every day at the same hour.**



Do not crush, cut or chew the tablets.

Grapefruit (juice, pulp) should be avoided during your treatment with INLYTA®.

MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.

For example, avoid taking **St John's Wort** (*Hypericum perforatum*) in all its forms (capsules, resin, herbal tea, drops ...).




Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take. If in doubt, ask your pharmacist for advice.



Avoid medicines used to treat heartburns (anti-acid). If in need, these drugs must be taken away from INLYTA®. Ask your pharmacist for advice.

Do not worry at reading these effects, you may not experience any.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Headaches, palpitations, ear buzzing	Measure your blood pressure regularly. Take some exercise, check your weight. Limit the consumption of salt and alcohol.	Contact your doctor if these signs occur. If needed, you will be prescribed an anti-hypertensive treatment.
Nauseas and vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.	Take the prescribed nausea and vomiting medication in accordance with the doses. Tell your doctor at the first persisting signs (from 2 vomits a day).

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Diarrhea	Avoid coffee, frozen drinks, milk, raw fruit and vegetables, cereals, wholemeal bread and alcohol.	Follow the medical prescription for diarrhea. If possible, drink 2 litres a day (water, tea, herbal tea, soup, sodas) and favor starchy food (rice, pasta) cooked carrots and bananas.
Fatigue	It is normal to be tired during treatment. See that you lead a healthy life (eat and drink soundly). Respect moments of rest during the day, but try to remain active even moderately.	Listen to your body. Be prudent if you have to drive vehicles. In case of an unusual, persisting fatigue, inform your doctor.
Loss of appetite	Take several small snacks during the day (food that you like), eat slowly, drink a lot.	Favor highly calorific food : add butter, oil, grated cheese, fresh cream, honey... Ask a dietician for advice. In case of a loss of weight, tell your doctor.
Eruptions, skin dryness	Favor a mild, alcohol-free soap, and a hydrating cream. Avoid prolonged exposure to the sun.	Tell your doctor if this happens.
Picklings, swelling, redness and even pain in the palms and the soles	Avoid the sun and hot water. Tight clothes and shoes are advised against. Avoid works that are irritating for the hands, and do not use bandaids. Rather use a mild, perfume-free soap. Avoid standing and long walks. Consulting a chiropodist before and after treatment might be useful.	This is a "hand-foot" syndrome. Dip your hands and feet into fresh water, then dry them up without rubbing. Apply hydrating creams on the affected zones. Contact your doctor.
Mouth inflammation , alteration of taste	Avoid acid, spicy and irritating food. Use a soft toothbrush, a mild, menthol-free toothpaste and and alcohol-free mouthwash.	Ask your pharmacist for advice. In case of diffuse pains or burns in the mouth, contact your doctor.
Unusual bleedings	Favor a soft toothbrush. Avoid using a rectal thermometer. Some medicines are advised against (aspirin, ibuprofen...).	Inform your doctor. In case of nose bleeding, tilt your head forward while pressing slightly your nostrils.
<p>A hair loss and some trouble in the voice may occur during treatment. Do not hesitate to tell your doctor about it.</p> <p> Should you feel any unmentioned effect, do not hesitate to tell your prescriber, doctor or pharmacist about it.</p>		

A FEW ADVICE

Promptly contact your doctor in case of :



- swelling, redness and pain in the palms of your hands and the soles of your feet
- intense and persisting belly or stomach aches
- confusion, trouble of vision and behaviour



Do not take INLYTA® during pregnancy and feeding.



Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.



If you have forgotten to take your INLYTA tablets, or in case of vomiting, do not take the missed dose. The next dose will be taken at the usual hour the following day. Please note it in your tracking book.



This drug contains lactose. In case of intolerance, (flatulence, cramps or abdominal pains, diarrhea or constipation, trouble of concentration, contact your doctor.



Avoid prolonged exposure to the sun and protect yourself if you have to do it.

REMARKS :



Greetings : - to Groupe VOCC B PL : Observatoire dédié au Cancer B PL, OncoBretagne and ONCO Pays de la Loire, clinicians, pharmacists and nurses from voluntary facilities B PL, councils of the order B PL, regionales directorates of the medical service B PL, OMEDITs B PL, Cancéropôle Grand Ouest, patient committee and URPS B PL
- to CRLCC E Marquis Rennes, CH Saint Briec, l'ICO René Gauducheau, CHRU de Brest
- to OMéDIT Haute-Normandie and Onco-Normand